



UNIVERSITY OF
CALGARY

Campus Food Hub Peer Helper

Position Title: Campus Food Hub Peer Helper

Department: Centre for Career & Personal Development (CCPD)

Term: Fall 2025

Number of Positions: Varies by program – *applicants are welcome to be a peer helper for multiple programs if so desired* (Ladle Up!, Breakfast Club, Gathering Table, Affordable Market)

Hours: 2-3 hours / week (30-40 hrs per semester)

Length of Position: September 15- December 19 2025

This is a competitive student leadership volunteer opportunity open to all University of Calgary students.

POSITION DESCRIPTION

The Campus Food Hub is seeking Peer Helpers looking for leadership development opportunities to support our regular weekly programming. The Campus Food Hub strives to be an inclusive and welcoming space for students to access good food and build a positive relationship with their food. Becoming a peer helper is an excellent way to enhance your campus experience, while developing tangible skills and learning about food security issues that UCalgary students face every day. Peer Helpers will be committed to one of our weekly programs to support their operations and development. Peer Helpers will be fully supported by the Campus Food Hub staff and receive extensive training to ensure confidence in the role.

The Campus Food Hub is looking for peer helpers for each of the following programs:

- **Gathering Table (2 position available):** This social snack program runs 3:30-5:30pm on Tuesdays and provides students a space to gather with friends to enjoy a snack and board games. *(Includes but is not limited to: preparing snacks in advance of the program (Monday afternoons), providing service to attendees during the program, engaging in the program – leading conversations and building community, leading shift volunteers in providing quality customer service, and upholding regular Campus Food Hub operations and high Alberta Health standards)*
- **Ladle UP! (6 positions available – 4 soup service/2 soup preparation):** This soup lunch program runs from 12-2pm on Wednesdays and provides safe and efficient soup service to students. *(Includes but is not limited to: preparing soup in advance of the program (Friday afternoons), leading shift volunteers in providing quality customer service, and upholding regular Campus Food Hub operations and high Alberta Health standards)*
- **Breakfast Club (5 positions available – 4 breakfast service/1 breakfast prep):** This quick service breakfast program runs from 9-11am on Thursdays and provides affordable grab and go breakfast options for students. *(Includes but is not limited to: preparing breakfast items (Wednesday afternoons), leading shift volunteers in providing quality customer service, and upholding regular Campus Food Hub operations and high Alberta Health standards)*
- **Affordable Market (26 positions available – 18 cashier/8 prep/inventory):** The market space is open weekly three days per week (Tues-Thurs) and allows students to shop

subsidized groceries on-campus. *(Includes but is not limited to: receiving and product and performing inventory duties (Monday afternoons), stocking, maintaining product quality, leading shift volunteers in providing quality customer service, upholding regular Campus Food Hub operations and high Alberta Health standards, end of week inventory and processing rescued foods (Friday afternoons))*

SKILLS AND DEVELOPMENT:

As a Campus Food Hub Peer Helper, you can expect to develop the following skills *(list may vary depending on which shift/program you participate in):*

- Leadership
- Communication and teamwork
- Positive customer service
- Safe food handling/service and preparation
- Receiving/Inventory management
- Understanding of food security: root causes and relief strategies within the student context

TASKS AND RESPONSIBILITIES:

Tasks and responsibilities for all program positions will consist of the following:

- **Promote Campus Food Hub Programs and Services:** Spread the word about Campus Food Hub programs, events and services to your wider networks and campus community.
- **Support assigned program in a leadership role:** Lead shift volunteers through the activities of the day, providing support and direction to effectively execute the program and/or program preparations.
- **Engage with Student Peers:** Act as a liaison between the Campus Food Hub and your peers by sharing information and encouraging participation.

QUALIFICATIONS:

- Good customer service and interpersonal skills
- Effective organizational skills
- Effective communication skills
- Demonstrated ability to succeed academically while maintaining other commitments
- Demonstrated professionalism, maturity, and good judgment
- Ability to work individually and as part of a team
- A strong interest in the student experience and learning
- Understanding of food insecurity an asset
- Cooking skills an asset for Ladle UP! And Breakfast Club positions

COMMITMENT:

This position requires approximately 2-3 hours per week (one shift weekly) – during program hours, or for program preparations

- **MUST** attend the Campus Food Hub Peer Helper Volunteer Orientation (Date TBD)
- Maintain assigned hours in Better Impact
- Maintain regular communication with Campus Food Hub Staff

- Mid-semester check-in with Campus Food Hub Staff
- Complete feedback surveys 1-2 times per semester
- Commitment for the entire semester (September 15-December 19)

CONDUCT STATEMENT :

This position requires students to be in good conduct standing for non-academic misconduct.

If you are currently involved in a non-academic misconduct process or have been found responsible for a violation of the Student Non- Academic Misconduct Policy and you are unsure of your conduct standing, please contact conduct@ucalgary.ca to verify your status. More information is available at: www.ucalgary.ca/student-services/student-conduct/faq

Please note that in submitting your application, you are verifying that you are in good conduct standing and you consent to this being verified by the Student Conduct Office. Note that details of non-academic misconduct cases are not shared through this process.

PEER HELPER PROFESSIONAL DEVELOPMENT:

The Peer Helper Program engages 300 students every year through 17 different on-campus offices. A key part of being a Peer Helper is having the opportunity to develop your employability skills and experiences and then translate those experiences into strong interview stories.

APPLICATION PROCESS:

To apply, please register for an account in [Better Impact](#) and complete the application form, indicating interest in "Peer Helper - Campus Food Hub". If you have any questions, please direct them to foodhub@ucalgary.ca.