



Looking back at your days as a student

Remembering past situations as a student can help you to do better when taking courses as an adult learner. You know the saying “Know better, do better”

Write as many facts as you can remember about two experiences you had as a student. One of them being a very positive experience and the other one being a challenging experience.

Facts	My positive experience	My challenging experience
What was that that you were learning?		
What was the learning setting?		
Did you have a chance to learn on your own at some point?		
What did you do during class?		
What materials did you have available?		
How did you feel as you went through the experience?		

