

# STUDY STRATEGIES FOR ONLINE LEARNING

Studying can be intimidating in online learning environments. Here are some strategies to help you study online.

Read course documents and other relevant chapters or materials before your synchronous or recorded lessons. This will provide you with a basic foundation of knowledge to set you up for further learning.

Scanning the headlines and titles of the material before reading can also provide you with an idea of what you will be learning. As you read, it is good practice to always write down any questions you may have. A list of questions allows you to refer to them throughout the course or answer them during lessons.

Writing down everything that is said is not always the best way to take notes. Instead, focus on filling in the gaps that are missing from your foundational knowledge of the material. These key points will be useful for you to remember and refer back to throughout the course.

Taking notes electronically on a Word or Google document can also allow you to move your notes around and use them more easily when completing assignments. Condense and consolidate your notes onto flashcards or checklists.

Writing down the most important points in a way that can test your knowledge is helpful for memory retention and overall understanding. Small pieces of information are also more convenient to refer back to and easier to recall while working on assignments and examinations.

Depending on your learning style you may prefer to create physical or electronic flashcards or checklists.

There are many online tools and resources available to you where you can create electronic flashcards and quizzes to help you study.



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## DIGITAL SKILLS FOR LEARNING ONLINE

### MY STRATEGIES TO LEARN AND COLLABORATE ONLINE

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Reviewing course material, assignments, and flashcards regularly can help with memory retention and overall understanding. Making studying part of your daily routine can also make it less daunting and more manageable.

Testing your knowledge in different ways can help with your overall understanding of the course material. Try explaining concepts verbally to someone else or pretending as if you are teaching a class. Explaining concepts is the best way to solidify your knowledge and ensure you understand it yourself.

Set specific amounts of time that you spend studying and stick to those limits. When time runs out, move on to other tasks to keep yourself accountable. Additionally, set a limit on the amount of time you work online. This will help you keep a balanced schedule.

Working on multiple tasks at the same time can be difficult and limit your ability to concentrate and produce your best work. Try to focus your attention on one task at a time.

Studying for too long can lead to you feeling tired or unproductive. Take short breaks throughout the day to recharge and regain your focus and motivation.

Some study strategies you use in face-to-face and in-person environments may not work as well in online settings. Be aware of this and do not let it discourage you. You have many support resources available to you to help you succeed.

Finally, if you feel as if you are struggling with concepts or have any questions, contact your instructor, or ask your peers for help.

Thanks for watching!



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