

Burnout through the Lenses of Equity/Equality, Diversity and Inclusion and Disabled People

- Wolbring, G., & Lillywhite, A. (2023). *Burnout through the Lenses of Equity/Equality, Diversity and Inclusion and Disabled People: A Scoping Review*. *Societies*, 13(5), 131. <https://www.mdpi.com/2075-4698/13/5/131>
- Wolbring, G., & Lillywhite, A. (2023). *Coverage of Allies, Allyship, and Disabled People: A Scoping Review*. *Societies*, 13(11), 241. <https://doi.org/10.3390/soc13110241>

Ability Expectation/Ableism Glossary

- Wolbring, G. (n.d.). *Ability Expectation/Ableism glossary*. Retrieved July 24, 2024, from <https://wolbring.wordpress.com/ability-expectationableism-glossary/>

BIAS FREE Framework

The BIAS FREE framework, developed by Margrit Eichler and Mary Anne Burke, is designed to identify and eliminate biases that maintain social hierarchies. It includes 20 questions categorized into three main sections:

- H-Maintaining and Existing Hierarchy
- F-Failing to Examine Differences
- D-Using Double Standards

These questions help identify social stressors contributing to burnout and anxiety among allies.

Methodology for JBI Scoping Reviews

- Peters, M. D. J., Godfrey, C. M., McInerney, P., Baldini Soares, C., Khalil, H., & Parker, D. (2015). *Methodology for JBI scoping reviews*. Joanna Briggs Institute Reviewer's Manual. Retrieved from https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6976234/pdf/41997_2006_Article_BF03405218.pdf

BIAS Free Framework: A Practical Tool for Identifying and Eliminating Social Biases in Health Research

- Togerson, D., & Chinnery Myers, J. (2007). *BIAS Free Framework: A practical tool for identifying and eliminating social biases in health research*. Retrieved from https://tspace.library.utoronto.ca/bitstream/1807/9581/1/BIASFree_interieur.pdf