

## **NORC Diagnostic Screen for Gambling Problems: DSM-5 Gambling Disorder (NODS-GD)**

### *Note to Users*

The 16 items in the NODS-GD correspond to the 9 diagnostic criteria for gambling disorder in the DSM-5 and DSM-5-TR. One point is scored for a “Yes” response to each of the following:

- Item 1 **or** Item 2 (Criterion 4: Preoccupation)
- Item 3 (Criterion 1: Tolerance)
- Item 5 (Criterion 2: Restless/irritable during quit attempts)
- Item 7 (Criterion 3: Repeated unsuccessful quit attempts)
- Item 8 **or** Item 9 (Criterion 5: Gambling to cope or reduce stress)
- Item 10 (Criterion 6: Chasing losses)
- Item 12 (Criterion 7: Repeated lying to conceal gambling)
- Item 13 **or** Item 14 **or** Item 15 (Criterion 8: Job, school, or relationship problems)
- Item 16 (Criterion 9: Relied on others for bailouts)

Items 4, 6, and 11 do not contribute to scores, but are used to skip irrelevant items.

Respondents are classified according to the number of criteria met, which equals their NODS-GD score:

- Mild GD: 4-5 criteria met
- Moderate GD: 6-7 criteria met
- Severe GD: 8-9 criteria met

### *NODS-GD Item Content*

When answering the following questions, think about your gambling activity over the **past 12 months**.

1. Have there been any periods lasting two weeks or longer when you spent a lot of time thinking about your gambling experiences or planning future gambling ventures or bets?
  - a. Yes
  - b. No
2. Have there been periods lasting two weeks or longer when you spent a lot of time thinking about ways of getting money to gamble with?
  - a. Yes
  - b. No
3. Have there been periods when you needed to gamble with increasing amounts of money or with larger bets than before in order to get the same feeling of excitement?
  - a. Yes
  - b. No
4. Have you tried to stop, cut down, or control your gambling?
  - a. Yes [GO TO QUESTION 5]
  - b. No [SKIP TO QUESTION 8]

5. On one or more of the times when you tried to stop, cut down, or control your gambling, were you restless or irritable?
  - a. Yes
  - b. No
6. Have you tried but not succeeded in stopping, cutting down, or controlling your gambling?
  - a. Yes [GO TO QUESTION 7]
  - b. No [SKIP TO QUESTION 8]
7. Has this happened three or more times?
  - a. Yes
  - b. No
8. Have you gambled as a way to escape from personal problems?
  - a. Yes
  - b. No
9. Have you gambled to relieve uncomfortable feelings such as guilt, anxiety, helplessness, or depression?
  - a. Yes
  - b. No
10. Has there ever been a period when, if you lost money gambling on one day, you would often return another day to get even?
  - a. Yes
  - b. No
11. Have you more than once lied to family members, friends, or others about how much you gamble or how much money you lost on gambling?
  - a. Yes [GO TO QUESTION 12]
  - b. No [SKIP TO QUESTION 13]
12. Has this happened three or more times?
  - a. Yes
  - b. No
13. Has your gambling caused serious or repeated problems in your relationships with any of your family members or friends?
  - a. Yes
  - b. No
14. Has your gambling caused you any problems in school, such as missing classes or days of school or getting worse grades?
  - a. Yes
  - b. No
15. Has your gambling caused you to lose a job, have trouble with your job, or miss out on an important job or career opportunity?
  - a. Yes
  - b. No
16. Have you needed to ask family members or anyone else to loan you money or otherwise bail you out of a desperate money situation that was largely caused by your gambling?
  - a. Yes
  - b. No