

LAR Life after retirement



UNIVERSITY OF CALGARY
Retirees Association
<https://www.ucalgary.ca/retirees-association>

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Summer 2025

UCRA President's Report

Welcome to this issue of Life After Retirement (LAR). As people on average live longer and longer, there is often more and more life after retirement, and it is the mission of the UCRA to help improve the quality of life of our retirees. As you can see from this issue of LAR, a lot is happening with the UCRA. I especially draw your attention to the upcoming program for the Fall of 2025. There will be presentations and discussions on Arctic sovereignty, artificial

intelligence and smart cities, and on animal to human disease transmission. All this will be followed in December by the UCRA Christmas holiday luncheon. All these events will be very enjoyable - I hope to see you there!

I would also like to acknowledge the recent passing of Jean Langdon from the Faculty of Nursing who was president of the UCRA from 2019 to 2020. Jean made enormous contributions to the UCRA during her time on the executive committee from 2018 to

2022. She was a caring and warm person who was very supportive of those around her.

*Werner J. Becker, MD
Professor Emeritus and
UCRA President
University of Calgary*

WINTER 2025 PROGRAMS

Alberta's Water (in) Security in the 21st Century

**Tricia
STADNYK,
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Canada Research Chair Tier II (Hydrologic Modelling);
Professor, Schulich School of Engineering (Civil) and Faculty of Arts (Geography)
University of Calgary

There are and will continue to be issues with water security in Alberta.

World-wide, there have been increasing temperature extremes with heat warnings in the far north and global average temperatures rising 1.6C above pre-industrial levels. 2024 was the hottest year on record. This has affected the security of the water supply. The snow pack has declined in the past 10 years and surface water

and flows are extremely low. The Palliser Triangle, which covers much of the Prairies from the edge of Manitoba, through Saskatchewan and half of Alberta, is the driest region in Canada and has only succeeded agriculturally due to an intensely managed water system. Alberta's water comes from two drainage systems, the Mackenzie and Nelson-Churchill, as well as from glaciers which are retreating due to both high temperatures and wildfires.

There are six key factors that have impacted Alberta's water sustainability: (1) increasing stress on the water supply due to hotter days and little or no evidence of increasing precipitation, (2) a population that is rapidly increasing drawing on the existing water, (3) an over-allocation of water supply amongst various areas in the province, (4) system of water sharing agreements that are out of date within the province, across provinces and with the US,

(5) an urgent need to update water licensing systems based on current needs, and (6) an aging infrastructure associated with the distribution of water.

Alberta is also facing geopolitical pressure, particularly from the US with a Trump administration prepared to capitalize on climate change and a warming arctic. To quote President Trump, Canada has 'millions of gallons of water pouring down from the north, with the snow caps and Canada, all pouring down' and 'they have a very large faucet'.

Moving ahead, people need to recognize that clean water and sanitation are at the centre in achieving sustainability for food, technology, health, industry, energy, livestock and ecosystems. Without water, humans can only survive 3 days!

Sustainability of our water supply demands societal leadership and behavioural change.

Arctic Wilderness Gems and the Threats They Face



Werner J. BECKER, MD

Professor Emeritus,
Department of Clinic
Neurosciences, Cumming
School of Medicine, and
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Canada's northern wilderness is full of amazing places, and it is to be hoped they will remain so in perpetuity. Our country also looks to the north as a source of wealth and material prosperity, however, and it will take careful planning to ensure this does not destroy its beauty and tranquility.

The Nahanni River Valley, from plunging Virginia Falls (twice the height of Niagara) to massive First Canyon is as spectacular as the legends that surround it. Especially impressive is The Gate, halfway through Third Canyon, with Pulpit Rock protruding from its sheer cliffs far above the river. Yet, although there is little sign of civilization along the river, only 30 km up one of the Nahanni tributaries, Prairie Creek, a massive zinc-lead-silver mine is in the final stages of development. Now fed by an all-weather road through the park itself, it will no doubt be in production for at least the next twenty years.

The Snake River in the central Yukon runs through a wilderness so pristine that you will likely not see anyone else during your trip down the river. Its wonders include glacial Milk Creek whose creamy waters are slow to mix with those of the azure Snake, and a thundering wilderness waterfall that is rarely visited on an apparently nameless tributary. Yet the red mountains along part of the river betray the Crest iron deposit, the second largest in the world, and many mining claims have been staked in this area.

The Firth in the northern Yukon is crossed by the massive Porcupine caribou herd every year as it moves from its summer calving areas near the Arctic coast to wintering grounds in the central Yukon. No roads lead to the Firth, but humans have visited it for thousands of years. At the base of Engigstciak, a solitary rocky mountain on the tundra near the river, archeologists have unearthed stone tools left by the ancient hunters of Beringia over 10,000 years ago.

The Firth valley is now protected by Ivvavik National Park, but from the summit of Engigstciak we could see a huge drilling barge that has been anchored off the Arctic coast for decades. Will the Canadian Arctic oil and gas industry awaken again in the future?

To protect its Arctic wilderness heritage,

Canadians will need to learn more about it. As Margaret Atwood once wrote, if something has not been made real to us, it is likely to be exploited and obliterated. To learn more about the Nahanni, Snake, or Firth, go to www.greatnorthernrivers.ca.

Climate change looms large over Canada's arctic, and even a non-expert observer could not overlook the permafrost thaw slumps on the forested slopes above the Snake River on the Peel Plateau, and the massive recent erosion along Nunluk Spit on the arctic coast near the mouth of the Firth River. It is to be hoped that rapid action by industrialized nations like Canada will minimize its future effects.

Editor's Note: Congratulations to Dr. W.J. Becker on having two best seller non-fiction books listed in the Calgary Herald (February 2025):

#3 Rafting the Snake: A Journey Through the Yukon's Snake River Wilderness
A celebration of the beauty of the Yukon and a love letter to Canada's North.

#7 Rafting the Great Northern Rivers: The Nahanni, Firth and Tatshenshini
Three wonderful trips on Canada's northern rivers with inspiring, educational, and accessible photos and prose.

Calgary Atlas Project: Ethnic Foodways of Forest Lawn



Shuyao (Katie) QIN

Bachelor of Arts, History
University of Calgary

The diversity of Calgary's migration history can be seen through an analysis of ethnic foodways in the community of Forest Lawn, specifically its commercial strip on 17th Avenue SE. This area is unique for its density and

variety of food-related establishments that are representative of foodways from around the world. Using archival documents, including the Calgary Herald, the project identified more than twenty restaurants and grocers that operated on and around 17th Avenue SE from the 1960's to the present day. Stories of ethnic entrepreneurship, leadership, and community building drawn from the archival research are told through each of these sites. These stories reflect both patterns of migrations to Canada and how mainstream society picked up and popularized different ethnic cuisines. Prominent sites included European

mainstays, such as Gunther's Fine Baking, and Westernized Chinese establishments like Eastgate Restaurant & Lounge. In the late twentieth and early twenty-first centuries flavours of Latin America and the Levant thrived on 17th Avenue SE, represented by the Salvadorian market La Tiendona, and the Lebanese-owned Green Cedars respectively. As part of the Calgary Atlas Project, the research findings have been formulated for a public audience, and the sites identified by this project will be visualized by a local artist to "map" these historic stories onto Calgary's landscape.

Calgary Atlas Project: Mapping Forgotten Histories of Calgary



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English, Faculty of Arts &
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**Nancy
JANOVICEK, PhD**

Professor, Department of
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QIN**

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The Calgary Atlas Project recognizes that Calgary has many communities made up of diverse groups and activities with many stories. In this project, local historians identify important themes before selecting 30 or 40 important sites within each theme. Calgary artists create maps inspired by that history. This work documents some of the forgotten or overlooked stories from Calgary's history by mapping the stories onto the city's geography, capturing important sites, events, and people from Calgary's past.

So far, nine maps have been produced. Another seven are in production. Capturing just a few of the maps...

- The *First Nations Stampede* describes in detail First Nations participation in the Stampede and the ways that participation changed the Stampede. The map details historical events using indigenous ways of knowing, including pictographs in spiral and linear arrangements painted on a buffalo robe.
- *Workers Stand Up* recalls Calgary's

labour history as it presents the people, organizations and buildings who represent solidarity and struggle among working people.

- *Calgary's Architecture in 40 Buildings* surveys buildings from early examples of settler architecture through modernism and post modernism. It captures the work of local and international firms.
- *A Queer Map* presents the history of Calgary's LGBTQ+ community and provides a tour of the under-documented history, the community hubs and sources of resistance.

The Atlas maps are not to scale but provide a way of looking at the city and its history. More information can be found at <https://arts.ucalgary.ca/atlas>. Printed copies of the maps can be found at several of the independent bookstores, Lougheed House, Goat and Esker Foundation. <https://arts.ucalgary.ca/calgary-institute-humanities/events-and-community/calgary-atlas-project/map-distributors>

Alberta Politics in a Time of Crisis



**Lisa
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to erode Alberta prosperity and advocating for smaller and less government. Quebec separatist movements have also added fuel and provide an example of a province that appears to get more concessions from the federal government but also could also leave Canada. Federal regulations are seen as inhibiting Alberta's ability to draw on its oil and gas wealth. Last, not having federal Liberals in Alberta has also led to disenfranchisement. Polls in 2019, 2021, and 2023 suggested that 29%, 21% and 19% of Albertans support separation. More recent polls indicate support in the range of 29 to 36%

Support for separation is greatest amongst the UCP vs NDP, rural vs urban voters, male vs women, no degree vs a university degree and white vs racialized people. Proponents believe that Alberta would do better independently, could exit equalization payments and set tax, economic, environment, social, immigration and cultural policies. It is difficult to know

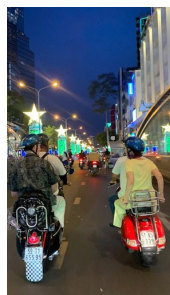
whether Premier Smith and her cabinet support separation. A variety of theories have been put forward including separation as a strategic move to bolster the province's ability to negotiate with the federal government, a defensive move to placate separatists within the UCP base, an ideological stance, or a tactic to distract from UCP scandals.

The big question is whether Alberta could actually separate. The Federal Government's Clarity Act suggests this could be difficult as it would require the federal government to designate that the question on a referendum vote is clear and the federal government would also have to determine whether the outcome is clear. Should it be clear, the federal government would be obliged to negotiate in good faith and there would have to be a constitutional amendment with unanimous consent. The wild card is the US government with its military power and desire to make Canada a 51st state.

Alberta separation is an increasing threat. The government has decreased the requirement that 20% of voters registered in two-thirds of ridings support a citizen's initiative to 10% of voters in the most recent election. This reduces the number of voters required from 600,000 to 177,000 across the province, opening up the possibility of a referendum in 2026.

It has been a long 50+ year road to get to this point. In the 1980's there was disgruntlement over Pierre Trudeau's National Energy Program. There is regional populism with people believing that the federal government is trying

Be it by Land, Sea, and (or) Air



**Sandra
HIRST, BScN, PhD**

Associate Professor Emerita,
Faculty of Nursing
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**Jocelyn
LOCKYER, PhD**

Professor Emerita, Department
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We have found that planning and preparation are key to a successful trip. Sometimes challenges arise, but we try and greet them with a sense of humour and a belief that we can address them. We offered our “words of wisdom,” but we also learned from those in attendance at our presentation – sharing travel tips (e.g. use jay cloths in Europe for facecloths, download geographic specific sim cards for phones, which makes maps accessible and calling home cheaper).

Preparation is essential. We take some time and think about what we would like, what we dislike, we compare different travel options, and we talk to friends about their travel experiences. This stage of our trips is instrumental and essential but also an enjoyable part of the experience itself (most of the time). We consider:

- Where we want to go (e.g. a familiar location, off the beaten trail, a new city)
- Whether we want company, if so, what type

- Do we want to go with family or friends
- How long we want to go for
- Our budget
- Seniors’ discounts
- Travel insurance
- What would a draft itinerary be
- What travel documents do we need (e.g. visa, expiratory date of passport)
- What transportation options we have (e.g. plane, train, Uber, cruise ship, barge, bikes)

Travelling is for us an adventure. We can try new experiences. We can rent an RV and travel the country. We can climb 70 stories to the top of a waterfall, ride a camel, indulge in warm and very cold Scandinavian style saunas or try banana wine from a barrel, and most importantly appreciate getting away from our regular routines. We know that traveling does not appeal to everyone, but we see it as a benefit of retirement.

Be it by land, sea, and (or) air, we enjoy travelling. The options are broad – we can travel solo, join a tour, or do a combination. Each of us has a *bucket list* we suspect, and each is unique to our personal interests. Whether we long to watch the sun rise over Ankor Wat in Cambodia, experience rafting on Canada’s Snake River, or walk the Camino de Santiago in Spain, if we can imagine it, we can do it.

Kananaskis/Biogeoscience Institute: Marking 75 years research, teaching and community engagement in the Kananaskis Country Field Stations



**Steven
VAMOSI, PhD**

Professor, Department of
Biological Sciences, Faculty of
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Biogeoscience Institute
University of Calgary

Dr. Vamosi’s research is focused on evolutionary and conservation ecology, especially of western Canadian semi- and fully aquatic species. One theme is the contraction of the population range of bull trout due to climate change and environmental degradation. Because bull trout shows high site fidelity (returning only to where they were hatched) it is hard to reintroduce them once they are gone. Dr.

Vamosi’s team is researching whether the release of fertilized eggs in streams from which the species have disappeared can restore them there. Interestingly, this was also a research interest of Dr. R. B. Miller who in 1950 founded a field station in the Eastern Kananaskis, which still exists today and bears his name. The Barrier Lake Kananaskis field station hails from 1934, served as a POW camp from 1939 to 1945 and became an UofC-run Environmental Sciences Centre in 1966. Research at the BGI is currently carried out by 11 long-term UofC professors and 29 professors from elsewhere. In addition to bull trout, biology professors also focus on Columbian ground squirrels, bighorn sheep and Rocky Mountain Apollo butterflies. The BGI also opens its doors to other groups, including Grade 8-12 students. Ten university

field courses in diverse areas are conducted each year. Community engagement includes extensive interaction with First Nations, which led to the hosting of “Iniskim: Return of the Buffalo” in 2022 and to “Tipis and Telescopes”, a weekend of astronomy, star stories and Indigenous science for which 1500 people registered. Looking forward the BGI is considering adopting a new name that better captures its multidisciplinary nature. It will focus and grow in Research, Indigenous Engagement and Community Connections; all through Experiential Learning. The BGI is welcoming visitors but those who want to go are advised to telephone and reserve beforehand. (See: <https://research.ucalgary.ca/biogeoscience-institute>)

RETIREES ASSOCIATION AWARD FOR INDIGENOUS STUDENTS

Correction: Zoe Keutzer was the 2023-2024 recipient of the Retirees Association Award for Indigenous Students.

The 2024-2025 award recipient is **Laurel Schaffer**.

Laurel is a student in the Bachelor of Education (Elementary Education - Social Studies Education) program in the Werklund School of Education.

"I am writing to express my sincere gratitude for making me an award recipient this year. I have been deeply honoured to be selected for an award. Your generosity and support will have significant lasting impacts on my academic journey. This will allow me to focus on my academic studies without the financial stress. As I am from a rural community, I understand the importance and profound role that education plays in shaping and excelling rural communities. As a future educator, I am excited to bring that success into my classroom as these awards have helped me do so. Additionally, paying for housing

was a cost in addition to my tuition and living expenses. These awards have allowed me to focus wholeheartedly on my studies, without the financial pressures that accompany post-secondary education, as I take my education studies extremely seriously. I am truly and deeply inspired by this great generosity and words cannot describe how thankful I am for the support in my academic journey. Thank you for the support and helping me become one step closer to my goal of becoming a future educator. I will continue to work tirelessly to make the most of this support you have given me."

Please also refer to the June 2025 article in **UCalgary Spark** titled "*Scholarship invests in Indigenous students – and keeps UCalgary retirees connected*" (<https://news.ucalgary.ca/news/scholarship-invests-indigenous-students-and-keeps-ucalgary-retirees-connected>)



Laurel Schaffer

HONORS/AWARDS

Lawrence Harder (Emeritus Professor, Department of Biological Sciences) received the **2024 Lawson Medal** from the Canadian Botanical Association in recognition of cumulative, lifetime contributions to Canadian botany. (See: <https://www.cba-abc.ca/>)



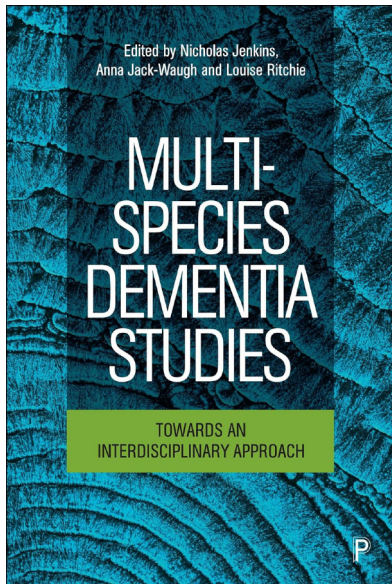
Lawrence Harder

Congratulations to **Dr. Avri Rauk** on receiving the **2025 CURAC Tribute Award**. This award is intended to recognize exceptional contributions and/or achievements of individual retirees to their host institutions. The award also recognizes exceptional contributions of members of a CURAC/ARUCC association who have made a significant post-retirement contribution to society in general and/or to the broader community. (See: <https://curac.ca/en/about/member-awards>)



Arvi Rauk (with Andre LaPierre)

BOOK PUBLICATIONS



Toohy, A. M., Beselt, J., Hewson, J., Hogan, D. B., and Rock, M. (2025). *Forging human–animal bonds? Introducing robotic pets into the care of people with dementia*. In *Multi-Species Dementia Studies*. (Editors: Jenkins, N., Jack-Waugh, A., Ritchie, L.). Policy Press (Bristol University Press, Bristol UK), pp. 152–171. <https://doi.org/10.51952/9781447368823.ch008>

Forging human–animal bonds? Introducing robotic pets into the care of people with dementia.

**A. M. TOOHEY
J. BESELT
J. HEWSON
D.B. HOGAN
M. ROCK**

Affordable animatronic ('robotic') dogs and cats are increasingly being introduced as therapeutic devices for people living with dementia. Studies have focused on the impact of robotic pet programmes on treatment outcomes and implementation considerations, and some scholars have explored the ethics of misconstruing robots as living pets. Less attention has been paid to social and relational dimensions of this phenomenon, particularly when viewed through a critical posthumanism lens. To redress this gap, this chapter explores

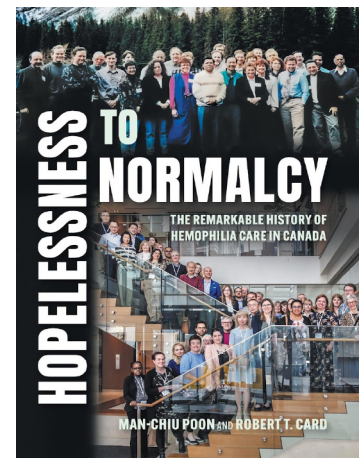
care providers' perspectives of the experiences of older adults living with dementia who were provided with Joy for All™ robotic pets. Qualitative interviews were conducted with formal (professional) and family caregivers. Interview data were supplemented by observational fieldwork within a long-term care facility. A thematic analysis led us to identify three overarching themes describing these experiences: *reluctant acquiescence*; *meaningful utility*; and *navigating illusion and risk*. Our findings confirm that robotic pets may be experienced as a relational and often complex social phenomenon rather than simply as a therapeutic tool. Drawing upon critical posthumanism in concert with relationship-centred care may help reconcile the substantial benefits they may offer to some people living with dementia with ethical concerns surrounding their use.

Hopelessness to Normalcy. The Remarkable History of Hemophilia Care in Canada.

**M-C. POON
R.T. CARD**

Hopelessness to Normalcy takes readers on a compelling journey through the evolution of hemophilia care in Canada, providing a detailed and personal account of its many transformations—good, bad, and disastrous. Drawing on over fifty years of experience, respected hematologists Dr. Man-Chiu Poon and Dr. Robert T. Card combine firsthand insights with interviews from more than seventy healthcare professionals and patients to tell the captivating, in-depth story of hemophilia care in Canada. Through rigorous research and deeply personal perspectives, Hopelessness to Normalcy not only traces the history of hemophilia treatment in Canada, but also underscores the importance

of evolving care practices, the development of allied healthcare professional groups, and the enduring compassion that has sustained those living with bleeding disorders through unspeakable adversity. This book delves into the trauma and tragedy of the "tainted blood era" of the 1980s, a time when unsafe blood products caused devastation to many. Yet it also highlights the resilience of the hemophilia care community, from the formation of the Association of Hemophilia Clinic Directors of Canada (AHCDC) in 1994 to the hope that now exists for a potential cure. This invaluable resource is a must-read for hemophilia clinic directors, healthcare professionals, patients, and anyone with an interest in the history of healthcare, blood disorders, and the ongoing fight against HIV/AIDS. It is a moving and insightful record of struggle, survival, and hope.



Poon, M-C. and Card, R.T. (2025). *Hopelessness to Normalcy. The Remarkable History of Hemophilia Care in Canada*. Friesen Press. <https://books.friesenpress.com/store/title/119734000448617713>

NICKLE GALLERIES: AWARD WINNING EXHIBITIONS, PROGRAMS, AND MORE



Major-General the Right Honourable J.E.B. Seely CB, CMG, DSO, Alfred Munnings, 1918, Beaverbrook Collection of War Art, Canadian War Museum 19710261-0450

Nickle Galleries at the University of Calgary is a museum and art gallery that has been inspiring creativity since 1979! Our dynamic exhibitions feature the work of established local artists or showcase our rich permanent collections of art, numismatics and textiles. With 8-10 exhibitions per year as well as weekly talks, tours, and workshops—there is always something new and exciting to discover.

Looking ahead to Fall 2025, we are thrilled to be hosting the travelling blockbuster exhibition, *Munnings – The War Years*.

Renowned today as one of England's finest painters of horses, Sir Alfred Munnings also created more than 40 works of art as part of the Canadian War Memorials Fund.

Commissioned in 1918 to record the activities of the Canadian Cavalry Brigade and the Canadian Forestry Corps, Munnings produced landscapes, portraits, and many paintings featuring horses — all now part of the Canadian War Museum's Beaverbrook Collection of War Art. This exceptional exhibition reveals Munnings' powerful legacy, making it possible to more clearly understand Canada's First World War experience. It is developed by the Canadian War Museum (Ottawa, Canada), in partnership with the Munnings Art Museum (Dedham, UK) and generously supported by The Beaverbrook Canadian Foundation.

Opens September 18 – December 6, 2025

Public Reception: September 18, 5:00 – 8:00pm. Kindly RSVP! (<https://workrooms.ucalgary.ca/event/3896613>)

Opening October 3, we will offer *Eveline Kolijn: Bearspaw Ecologies*, a retrospective exhibition of the art works of Eveline Kolijn, curated by Mary Beth

Laviolette. An artist and environmental activist, Kolijn uses a variety of media to create stunning art works and immersive installations that consider humankind's growing alienation from nature. Her work is deeply thoughtful, sophisticated and beautiful.

Opens October 3 – December 6, 2025

Public Reception: October 2, 5:00 – 8:00pm. Kindly RSVP! (<https://workrooms.ucalgary.ca/event/3896614>)

Nickle Galleries is part of Libraries and Cultural Resources and is conveniently located inside the Taylor Family Digital Library. Our programs are free and open to the public.

Visit our website for event details and current hours. (<https://nickle.ucalgary.ca/>)

And subscribe to our e-newsletter.

(https://go.ucalgary.ca/Subscribe-Nickle-Galleries.html?fbclid=IwAR3LdSGJB1O-qn_J6qen71vaTS--7Y18ppjtGltv-sNqt2f8fPPJ068QDGE)

Michele Hardy, PhD
Curatorial Director, Nickle Galleries
University of Calgary

EXTENDED HEALTH, DENTAL AND TRAVEL COVERAGE

University of Calgary retirees have multiple options to obtain extended health and travel coverage from various providers, including:

Alberta Blue Cross – The Retiree plan offers levels of dental, prescription drug, and extended health benefits, including travel. Contact Alberta Blue Cross at 1-800-394-1965 or visit <https://www.ab.bluecross.ca>

Alberta Retired Teachers' Association (ARTA) – University retirees qualify for benefit coverage through ARTA. For eligibility and program details, call 1-855-212-2400 or visit <https://www.arta.net>

Retired Teachers of Ontario (RTOERO) – Open to anyone who worked in Canada's education sector. From January 1, 2026, RTOERO will be known as Entente Education Canada. Visit <https://rtoero.ca> for more information.

Other Providers – Several benefit programs for individuals, retirees, or associations are available through various providers like Manulife, Sun Life, AMA Insurance, and CARP.

Search online or contact providers to compare prices and products.

CURAC / ARUCC

The three-day event hosted by McGill University Retiree Association was stimulating and entertaining. The first day focused on the Annual General Meeting of CURAC, with an evening reception. For the second day, the room was full of members listening to key topics focused on the environment, health, and wellbeing. The

last session, entitled *Best Practices*, on the third day, was structured to encourage retiree associations across the country to learn from each other, to share ideas, and to network. Stay tuned for updates about our 2026 conference.

*Submitted by Sandi Hirst,
UCRA Executive and CURAC Vice-President*



CURAC / ARUCC MEMBER BENEFITS



Travel Planning

- Collette: Guided travel
- Trip Merchant: Range of travel options including solo travel

Insurance

- Belairdirect: Car and home insurance
- MEDOC/Johnson: Travel insurance
- RTO/ERO: Extended health benefit and travel insurance

Health

- Specsavers: Eye exams, eyewear and contact lenses
- HearingLife: Hearing aids and custom noise protection

See: <https://curac.ca/en/member-benefits>

UCRA members can take advantage of the following offers negotiated with CURAC / ARUCC's affinity partners.

MILESTONE

Dr. James Keeley (Associate Professor Emeritus, Department of Political Science) recently completed his final version of a 40-year project titled *"A List of Bilateral Civilian Interstate Nuclear Cooperation Agreements"*, now available on the U of C PRISM system (2024). The list consists of 4844 main entries, covering 146 entities since the 1940s. It is available for access or download, without charge, on conditions of attribution and non-commercial use. See: <https://ucalgary.scholaris.ca/home> (search the title or James F. Keeley).

COMBATING STUDENT FOOD INSECURITY

Food insecurity is a serious problem for UofC students. There are a number of ways you can help.

For those wanting income tax receipts, consider the Student Food Security Fund which has the Ladle UP! lunch program, the Affordable Food Market and Meal Kits. See <https://engage.ucalgary.ca/foodsecurityfund>. For students on the Foothills Campus, the community pantry has nonperishable food. See <https://engage.ucalgary.ca/FoothillsPantry>

While not able to offer income tax receipts, don't forget the Student Union Campus Food Bank. It accepts donations year-round of both non-perishable food items and monetary donations that allow them to purchase perishable items such as eggs and dairy. For more information, please visit: <https://www.su.ucalgary.ca/programs-services/student-services/food-bank/>

UCRA PRESIDENT'S LUNCHEON • MAY 14, 2025 • CROATIAN CANADIAN CULTURAL CENTRE

(Persons identified from left to right.) (Photos courtesy of Sue Chivers and Jocelyn Lockyer)



Laurie Hill, Diane Latter



Anne Belenkie, Lorraine Venturato



Jillian Cung, Linda Leonard



Jocelyn Lockyer, Dennis Salahub, Jennifer Salahub



Carol Dixon, Gary Krivy, Ernst Enns



Carol Clarke, Brenda Tweedie, Sue May



Gene Milone, Helen Milone



Glen Campbell, Valeria Lee, Cheryl Campbell

SCHOOL OF CREATIVE AND PERFORMING ARTS

UCRA members receive 50% off regular admission to most dance, drama and music performances presented by the School of Creative and Performing Arts for yourself and one guest. This promotion is not valid for co-productions or events presented off-campus.

How does it work?

1. Visit the SCPA Events Calendar (<https://events.ucalgary.ca/arts/creative-performing-arts/>) and select the event you would like to attend.
2. At a checkout, please enter the promo code EMERITI. Click Apply Code.

UCALGARY DINO ATHLETIC EVENTS

Present your Retired Employee Card at the entrance to receive free admission for yourself and your spouse to all Dinos regular season conference games. You can find the schedules at: <https://godinos.com/>. Note: playoff games and tournaments are not included.

ALBERTA HEALTH PROFESSIONALS FOR THE ENVIRONMENT

The Alberta Environmental Network (AEN) connects Albertans and environmental groups that are dedicated to preserving and protecting Alberta's environment. As a non-profit and non-partisan organization, the AEN supports collaboration of the environmental community throughout the province. Together with the Alberta Health Professionals for the Environment (AHPE). They are currently running active campaigns on coal, water, parks, clean energy grid, and transit-oriented development.

For more information and to join an active campaign, please visit: www.ahpe.ca

THE SOCIAL CORNER

The UCRA is exploring the addition of a number of new interest groups as a way to increase social connections between members. If you would be interested in either leading or being part of a group, please email obeirne@ucalgary.ca indicating your level of interest.

Suggested interest groups (additional ideas welcome):

- | | |
|---|-----------------------------|
| • Book club | • Museum tours |
| • Travel (sharing experiences and tips) | • Music/Theatre productions |
| • Current Affairs | • Wine tasting |
| • Walking tours of Calgary | • Dining out |
| • Hiking group | |



SEPTEMBER 10 | *What is needed to defend our Arctic sovereignty?* **Robert Heubert**, Professor, Department of Political Science, Faculty of Arts & Interim Director, Centre for Military, Security and Strategic Studies.

OCTOBER 8 | **ANNUAL GENERAL MEETING**. Followed by: Engineering tomorrow: *Artificial Intelligence and the Smart City Revolution*. **Sieran Heshami**, Assistant Professor, Schulich School of Engineering.

NOVEMBER 19 | *One Health: What are the risks of transmission of diseases from animal to human. What strategies are being used. How big of a risk is H5 Bird Flu?* **Herman Barkema**, Professor, Faculty of Veterinary Medicine & Professor, Department of Community Health Sciences, Cumming School of Medicine; United Nations University Chair in Infectious Diseases in a Changing Climate.

All speaker events for the Fall 2025 and Winter 2026 sessions (September to May) are held at 2:00-3:30 PM. Please check the UCRA website for room location and up-to-date information: <https://www.ucalgary.ca/retirees-association>

SAVE THE DATE: ANNUAL CHRISTMAS HOLIDAY LUNCHEON | DECEMBER 10 | 11:30 AM – 2:30 PM. Further details will be announced in the Fall.



UNIVERSITY OF CALGARY
Retirees Association



Executive Committee 2024 / 2025

PRESIDENT	Werner J. Becker	E-LETTER & CURAC REP	Sandra Hirst
PAST PRESIDENT & GRADUATE COLLEGE REP	Sheila Evans	LAR EDITOR	Linda Leonard
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TREASURER / MEMBERSHIP	Arvi Rauk	MEMBER-AT-LARGE	David B. Hogan
PROGRAM DIRECTOR	Jocelyn Lockyer	MEMBER-AT-LARGE	Elaine McKiel

Membership Renewal

The UCRA membership year is **September 1 to August 31**. Please renew or join by completing the attached form.

If any members have additional ideas about how to enhance the role of our Association, please don't hesitate to contact us.

THE RETIREES ASSOCIATION OF THE UNIVERSITY OF CALGARY

Mailing Address: : Box 7, Craigie Hall D. 2500 University Drive NW, Calgary AB Canada T2N 1N4

Location of Office: Art Building 615, University of Calgary, 2500 University Drive NW, Calgary AB Canada T2N 1N4

WEBSITE <https://www.ucalgary.ca/retirees-association> **E-MAIL** retirees@ucalgary.ca

UCRA Membership Application/Renewal Form
(Formerly: University of Calgary Emeritus Association)

NOTE: Membership year runs from September 1 to August 31 of the following year. If this is a renewal and there have been no changes (address, phone, email, etc.) then simply fill in your name and it is not necessary to fill in the rest of the form. Simply indicate "No Changes"

This form is available online at <https://ucalgary.ca/retirees-association>

Date: _____

Name: _____

Home Address: _____

Telephone: _____

E-mail: _____

Year of Retirement: _____ Date of Birth (*optional*): _____

Faculty/Department affiliation: _____

Amount of payment: \$25.00 (\$15.00 if you live outside the Calgary area)

You may scan it, attach it to an e-mail, and send it to retirees@ucalgary.ca. Hint: Take a photo with your phone and e-mail it directly. Payment can be made by Interac e-Transfer to retirees@ucalgary.ca

Alternatively, mail your Membership Application/Renewal together with a cheque, payable to **Retirees Association**, to:

Dr. Arvi Rauk
5287 Dalcroft Cr. NW
Calgary, AB, T3A 1N6

NOTE: By applying for or renewing your membership, you agree to receive occasional e-mails from the University of Calgary Retirees Association.