UNIVERSITY OF CALGARY
Retirees Association
https://www.ucalgary.ca/retirees-association

LAR Life after retirement

Volume 32, Number 1 **Winter 2025**

UCRA President's Report

Werner J. BECKER
President
UCRA

I hope that you have had an enjoyable holiday season and are looking forward to Spring, which is only several months away! The University of Calgary Retiree Association has had a successful year and is looking forward to many more great events in 2025.

In October, at our annual meeting, a revised constitution was approved for the UCRA, and later at our November Executive meeting, new bylaws were approved as well. During November, the UCRA participated in two UFlourish events organized by the University of Calgary Brenda Strafford Centre on Aging. David Hogan represented us on November 5th at a webinar on Intergenerational Empathy, and on November 14th, Jocelyn Lockyer participated in a session on retirement. The UCRA and what it has to offer was highlighted at both sessions.

The UCRA also continues to support an annual Indigenous student scholarship (see feature below). Donations to the scholarship fund are always welcome. More information on how to do this can be obtained from our treasurer, Arvi Rauk, or email me at wbecker@ucalgary.ca.

In December the UCRA hosted an excellent Christmas holiday luncheon, which was superbly organized by Executive Committee member Claire Mills. I think all who attended enjoyed themselves, and I encourage you to watch for news about our May/June luncheon which I anticipate will also be a great event. We apologize to anyone who had difficulty accessing the Christmas holiday luncheon due to mobility issues and will try to do better the next time.

Our monthly educational program sessions, organized by Jocelyn Lockyer and her committee, continue, usually on the second Wednesday of each month. Watch for our e-letter which provides information on these. They are generally very enjoyable and educational. For example, our latest one in November featured Don Lawton, Professor Emeritus, Department of Earth, Energy and Environment, who updated us on the current state of carbon capture. See below for more information on this session.

Finally, I would like to welcome our four new executive / board members. Maeve O'Beirne has taken on the Vice-president role, Keith Dobson is our new secretary, Sandra Hirst has taken on responsibility for the E-Letter and CURAC Representative position, and David Hogan is a new member-at-large. I would also like to thank our current past president, Sheila Evans, for all her hard work over the past year.

Please come to our programs and consider getting involved in the UCRA executive. We need a new webmaster, and volunteers for this position would be very welcome. Thanks to Om Malik who continues to serve in this role on an interim basis. Thanks also to Linda Leonard who has become the LAR editor.

Help us take your association to a higher level where it can meet the needs of more and more retirees!

Werner J. Becker, MD
Professor Emeritus
University of Calgary

WINTER 2025 PROGRAMS

All speaker events for the Winter session (January to June) are held on Wednesdays at 2:00-3:30 PM. Please check the UCRA website for up-to-date information: https://www.ucalgary.ca/retirees-association

In person attendance: Engineering Building, Block G, 2nd Floor, Room 207

Online Zoom link: https://ucalgary.zoom.us/j/98212498606?pwd=3v6aXD7H3QUH4wwiaEMkZlpxfr5xzc.1

Meeting ID: 982 1249 8606

Passcode: 228056

RETIREES ASSOCIATION AWARD FOR INDIGENOUS STUDENTS

The University of Calgary Retiree's Association (formerly Emeritus Association) established the "Award for Indigenous Students" in 2017. This annual award is open to 2nd, 3rd, or 4th year continuing undergraduate students enrolled in any faculty.

The 2024 award recipient was Zoe Keutzer, Faculty of Arts.

Donations to the award can be made online (https://engage.ucalgary.ca/RetireesAssociationAward) or by sending a cheque to:

Office of Advancement
2500 University Drive, N.W.
University of Calgary
Calgary, Alberta
T2N 1N4

[Please indicate that your donation is for the *Retirees Association Award for Indigenous Students Endowment*.]

Note: Donations may be matched by the University during the annual UCalgary Giving Days in April.

FALL 2024 PROGRAMS

Maintaining Health from 65 – 100: What is the evidence supporting healthier living?

Maeve O'BEIRNE, PhD., MD

Professor Emerita, Department of Family Medicine, Cumming School of Medicine,
University of Calgary

Diet, exercise and supplements are important in the quest for health living and for preventing dementia.

While claims may be made for keto, low fat, paleo, and vegan diets, the lowest morbidity is associated with ample vegetables, fruit (particularly berries), fish, raw nuts and seeds, using polyunsaturated oils and some red meat. Conversely, the highest morbidity and mortality are associated with high sodium intake, roasted and salted nuts and seeds (raw are always better), high intakes of processed meats, low intake of omega-3 fatty acids, low intakes of vegetables and fruit, and high intakes of artificially sweetened beverages. The bottom line is to eat a balanced diet rich in vegetables, whole grains and protein with very little processed meats, refined sugars or refined grains.

Exercise plays an important role in maintaining and improving health, independence and quality of life. It can enhance cardiovascular health, strengthen bones and muscles, improve balance and flexibility and boost cognitive function. Exercise also helps manage chronic conditions, reduce the risk of falls and promote well being. Even simple exercises like walking (6000-8000 steps/day) are correlated with reduced all-cause mortality. Exercise recommendations for optimal ageing and maintenance of functional capacities include resistance training, aerobic exercise training and balance training.

There is research on supplements. Probiotics are particularly important in vitamin synthesis, stimulation of the immune systems, protection of intestinal barrier defense system, metabolism of carcinogens, and prevention of microbial colonization. In addition to halting loss of bone mineral density, probiotics decrease symptoms of a number of chronic diseases and improve scores in the mini mental status exam. Vitamin D is important in older people and can be obtained from oily fish, egg yoks, red meat, liver and fortified foods. Vitamin D deficiency is associated with a higher risk of infections and autoimmune diseases as well as osteoporosis, cancers, muscle weakness, and diabetes.

Dementia is a critical concern for older people. It can be prevented/delayed through diet, supplements, exercise, social interaction, attention to sight and hearing, improving sleep quality, limiting alcohol and not smoking.

Evidence suggests that for living a long healthy life one should eat unprocessed/unrefined foods, exercise regularly (aerobic and anaerobic), have good sleep quality and quantity, interact socially on a regular basis, drink alcohol in moderation and not smoke.

Artificial Intelligence—Cyber Security and Privacy: Understanding AI Threats to Cybersecurity and Privacy

Ken BARKER, PhD., I.S.P., ITCP

Professor, Department of Computer Science, Faculty of Science and Director, Institute for Security, Privacy and Information Assurance, *University of Calgary*

There are many threats to cyber security. These include account take-over, bill fraud, business e-mail compromise, cloud crypto mining, phishing, ransomware, macro viruses, web session cookie theft, shadow IT, and spyware, amongst many others.

Privacy is only achieved when the data you provide is used exclusively for the intended purpose of its release. Privacy is different than cyber security. Digital privacy requires cyber security and cyber security doesn't provide privacy. Privacy can be violated by an insider breach.

Artificial intelligence (AI) is an increasing concern but also a benefit. Ultimately, it is a technology facilitator. It is clever programming and good system development aimed at producing clever, helpful and adaptive systems. There are many descriptions. For example, it involves developing systems endowed with the intellectual processes characteristic of humans including the ability to reason, discover meaning, generalize or learn from past experiences. As a technology AI enables computers and machines to simulate human learning, comprehension, problem solving, decision making creativity and autonomy. AI can allow computers to perform advanced function including the ability to see, understand and translate spoken and written language, analyze data and make recommendations.

AI can be a threat because of the nature of what it can do, not because of what it is. The threat becomes 'us' as developers as it is our own intelligence. As one considers AI, one must consider that AI can be problematic because of the lack of human intelligence and a commitment to understand the issues of our time. The risk of AI taking over the world and subjecting humans to subservient status is likely specious. However, the concept of AI as clever programming capable of adapting to various inputs and as a technology developed to act independently is a reality. Decisions about what is acceptable in terms of autonomous behavior rests in our hands and we can set boundaries. It must be remembered that the threats to cyber security are being enhanced with AI which allows the attacks to be more adaptive to what is found at the point of attack. The adaptiveness used in attacks can also be used in defense as AI can draw upon its knowledge base to set up defenses!

Can Carbon Capture & Storage Secure a Future of Alberta's Oil and Gas Industry

Don LAWTON, PhD.

Professor Emeritus, Department of Earth, Energy and Environment, Faculty of Science, *University of Calgary*

Burning of fossil fuels has led to a large increase in atmospheric CO_2 in the past century. This is associated with significant global warming. Canada contributed 730 megatonnes of CO_2(equivalent) emitted in 2019. Production-related emissions by the oil and gas industry (of the order of 100 megatonnes) are the largest single contributor to this number. Global warming could be diminished by capturing CO_2 from the atmosphere or from more concentrated point sources (e.g. emission stacks). This process is referred to as carbon capture utilization and storage (CCUS). The captured CO_2 could be used to make useful products or (ironically) to produce more oil, but the vast majority will simply need to be stored. Storage could be achieved at depth in porous geological formations, located below a stable non-porous layer of caprock. Seismic imaging has allowed to monitor the spread of a CO_2 plume injected in such a formation at the Carbon Management Canada (CMC) - UofC Field Research Station in southern Alberta. This research has also indicated that CO_2 can be stored securely without significant leakage. Achievement of our climate commitments dictates that hundreds of millions of tonnes of CO_2 must be stored annually. Fortunately, there is a lot of storage capacity in the subsurface, estimated at 400 gigatonnes in Alberta, Saskatchewan and Manitoba. I.e. at 400 megatonnes per year this would last for 1000 years. A 400 megatonne CO_2 plume could extend over an area almost the size of the City of Calgary. For this to happen CCUS needs to be scaled up and needs to be socially licensed (trusted by the public). International collaboration can accelerate this, helping us to reach net zero by 2050.

A few of the questions and answers after the talk are provided below.

Is carbon capture utilization and storage (CCUS) more expensive compared with alternative energies?

- CCUS would only marginally increase prices.

Will CCUS give rise to large volumes of salty water?

- These waters can be cleaned up by ion exchange methods.

Is net zero possible by 2050?

- A later date (e.g. 2070) may be more realistic.

Can we cool the planet down with dry ice (frozen CO_2)?

- The future may hold the possibility of geoengineering in which solid substances (e.g. sodium sulfate) are released high in the atmosphere to block a portion of the sunlight.

HONORARY DEGREES AND THE ORDER OF THE UNIVERSITY OF CALGARY

Nominate an exceptional individual for the Order of the University of Calgary or an honorary degree to celebrate their contributions to UCalgary and beyond. Members of the University of Calgary Retirees Association (UCRA) are eligible to receive this distinction, as well as nominate someone. For further information, see https://www.ucalgary.ca/chancellorandsenate/honours

DONATIONS TO LIBRARIES AND CULTURAL RESOURCES

Libraries and Cultural Resources at the University of Calgary accept gifts-in-kind (donations) of books in great condition. The University provides tax receipts for items added to the collection, or items accepted for Special Collections. The library does not seek to duplicate items already in its holdings.

Donations of books suitable for the general library collection can be offered to Andrew Waller, Gifts Librarian, at waller@ucalgary.ca. Prospective donors of books are strongly encouraged to create a list of the books in their collection so the library can check titles against existing holdings.

Special Collections considers offers of rare or antiquarian books, or books of popular and genre fiction; materials related to mountain studies; indigenous literatures in Canada; comics; and books on the Arctic and the North. Please contact Annie Murray, Rare Books and Special Collections Librarian, at amurr@ucalgary.ca for more information on Special Collections.

Emeritus professors who may be interested in a conversation about donating their own archival records are encouraged to contact University Records Archivist Curtis Frederick at curtis.frederick@ucalgary.ca. The University Archives considers offers of original personal archival records related to teaching, research, and administration. Published material, photocopies, and research data are not collected by the archives.

Annie Murray and Curtis Frederick,
Archives and Special Collections
Libraries and Cultural Resources

CURAC / ARUCC

College and University Retiree Associations of Canada
Associations de retraités des universités et collèges du Canada

We sometimes get asked what is CURAC / ARUCC? Let's answer the question.

The College and University Retiree Associations of Canada / Associations de retraités des universitès et collèges du Canada (CURAC / ARUCC) is a not-for-profit federation of retiree organizations at colleges and universities across Canada. Its objectives are:

- to coordinate activities that promote communication among member associations,
- to share information about activities of member organizations,
- to provide mutual assistance, and
- to speak publicly on issues of concern to the over 20,000 individual college and university retirees across Canada.

One of its focused committees is the **Later Life Learning (LLL) Group**. One of LLL's primary goals is the sharing of educational opportunities, often offered free online, to all members of CURAC / ARUCC. These sessions are posted on the CURAC / ARUCC website.

Its latest **Membership Survey Report** was released this year (2024). This report represents the results of CURAC's third survey of retirement benefits available at universities and colleges of Canada. You can read the full report at: https://curac.ca/en/library/membership-survey-report-2024

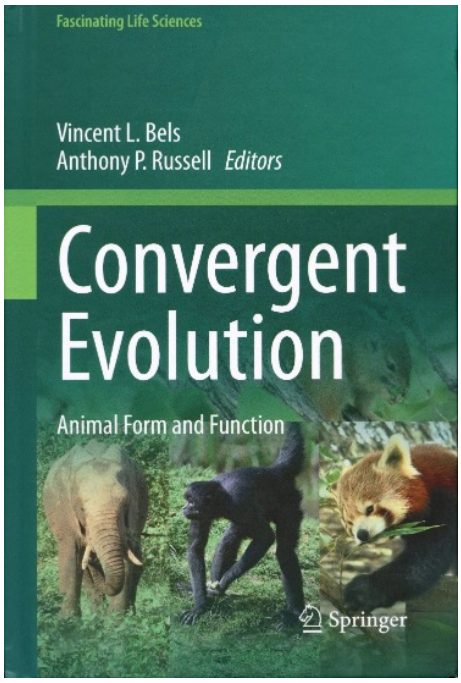
The University of Calgary Retirees Association (UCRA) is a member of CURAC / ARUCC.

CURAC / ARUCC offers a number of **Benefits** to UCRA members. Visit https://curac.ca/en/member-benefits for the full listing of member benefits. It also offers other activities that you may be interested in. For example: CURAC / ARUCC's **Academics for Life** column is published in University Affairs, the link is: https://universityaffairs.ca/category/career-advice/academic-for-life/ - the home page link is https://universityaffairs.ca/; and for the French version, https://www.affairesuniversitaires.ca/category/career-advice-fr/universitaire-a-vie/. Submissions that promote life and enjoyment after retirement are sought. Send your 500 to 600 words submission to Carole-Lynne Le Navenec at cllenave@ucalgary.ca

CURAC / ARUCC website: https://curac.ca/en/home

Respectfully submitted,
Sandi Hirst

BOOK PUBLICATIONS



Convergent Evolution. Fascinating Life Sciences.

Vincent L. BELS

Anthony P. RUSSELL

Within the field of evolutionary biology, divergence and convergence are two major phenomena that have helped shape the diversity and disparity of the Earth's biota throughout the history of life. Exploration of them has contributed to the interpretation of dissimilarities (divergence) and similarities (convergence) in organismic form, function and behaviour at various hierarchical levels and how they favour, in some fashion, the emergence of optimal traits via natural and/or sexual selection across the full spectrum of occupied environments.

Bels, V.L., Russell, A.P. (Eds.) (2023). *Convergent Evolution. Fascinating Life Sciences.* Springer, Cham. https://doi.org/10.1007/978-3-031-11441-0_1

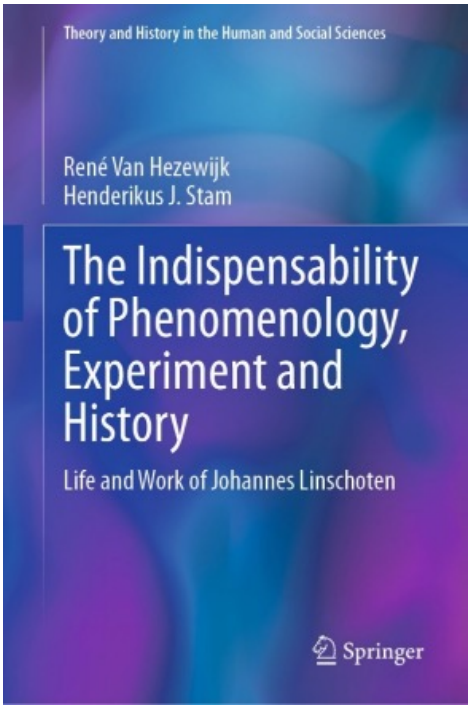
The Indispensablity of Phenomenology, Experiment and History: Life and Work of Johannes Linschoten.

René VAN HEZEWIJI

Henderikus J. STAM

This book is the first comprehensive intellectual biography of Johannes Linschoten, whose work has been credited with helping to bring down the Utrecht School of phenomenological psychology. The authors show this to be a mistaken assumption in the light of Linschoten's entire oeuvre and demonstrate his importance for an understanding of a phenomenological psychology that necessarily coexists with an experimental, scientific psychology. In the Netherlands, Linschoten is particularly appreciated for his last book, published posthumously. That volume, Idols of the Psychologist, took a critical look at phenomenological psychology and its pretensions while simultaneously acknowledging that a phenomenological outlook is a necessity for beginning any kind of experimental investigation. Most commentators on this book considered Linschoten a convert from phenomenology to experimental psychology, but have either ignored his earlier, substantive work or have not seen the importance of the intellectual context for his final work.

By examining his life and the full extent of his voluminous writings, this book demonstrates Linschoten's importance for the development of psychology in the Netherlands and beyond. It will shed new light on the life and work of Johannes Linschoten as well as the Dutch school of phenomenology and its postwar contributions to psychology in Europe and North America. Furthermore, for the first time, this book brings together important aspects of Linschoten's life with his prodigious output. It demonstrates how his life and work created a unique psychology that deserves to be continued and developed.



Van Hezewijk, R. Stam, H. J. (2024). *The Indispensablity of Phenomenology, Experiment and History: Life and Work of Johannes Linschoten.* Springer Nature. https://link.springer.com/book/10.1007/978-3-031-74391-7

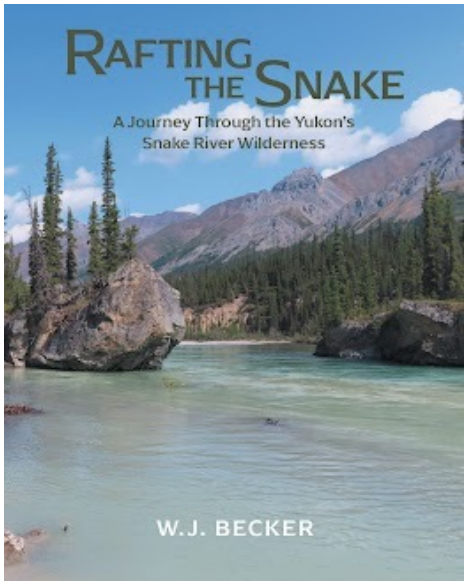
Rafting the Snake: A Journey Through the Yukon's Snake River Wilderness.

Werner J. BECKER

"I am not a rugged adventurer, and this is not the story of a journey that you could never do. I brought only a reasonable degree of fitness to the Snake, a camera at the ready, and an open mind."

Experience the beauty and wonder of Canada's North through the reflections and photography of Werner J. Becker. He-along with his wife and two teenage grandchildren-embarked on a two-week rafting tour of the Snake River Valley, starting not far from the river's source and ending at its mouth on the Peel River. From breathtaking views of majestic Mount Macdonald to a thundering waterfall and raging rapids, this wilderness adventure is artfully captured in photos and prose. Along the way, stories of natural and human history are shared, giving depth and context to the narrative.

A celebration of the beauty of the Yukon and a love letter to Canada's North, Rafting the Snake is a timely encouragement for the protection of the environment and our planet. It shows the interconnectedness of humans and nature and makes a strong case for preserving our northern wilderness.

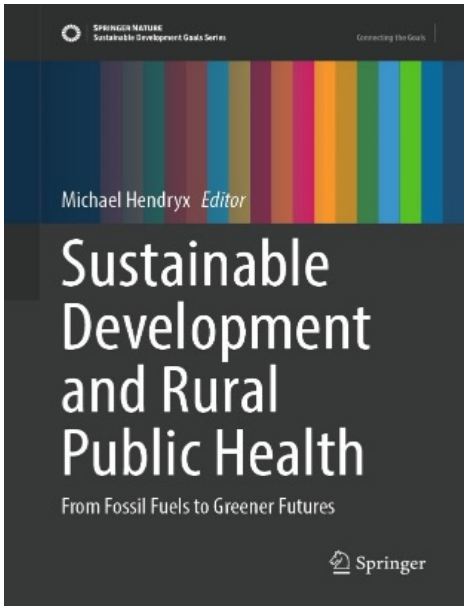


Becker, W.J. (2024). *Rafting the Snake: A Journey Through the Yukon's Snake River Wilderness.* Friesen Press. https://books.friesenpress.com/store/title/119734000420224976/W.-J.-Becker-Rafting-the-Snake

The Elk Valley, Canada.

Wyatt PETRYSHEN
Paul S. CICCANTELL
Tom LANGFORD

The Elk Valley (EV), an important Canadian coal-producing region since the late-1890s, faces an uncertain future as new"green steel"technologies seem destined to undermine global markets for metallurgical coal. The environmental legacy of decades of mountaintop strip mining includes dangerous levels of selenium in the transboundary Elk-Kootenay River System that will take billions of dollars to remediate while the corporate behemoths that control the EV's four operating mines explore ways to offload environmental liabilities. The Ktunaxa Nation, excluded from any input into whether and how coal mining should proceed in their traditional territories by Canada's colonial policies of the nineteenth and twentieth centuries, has asserted their legal and moral rights in the twenty-first century, thereby projecting a future for the EV that is both ecologically sustainable and politically decolonized. This chapter sketches the history of coal mining, working-class mobilization, and tourism in the EV as a prelude to arguing that a watershed-scale co-governance framework is the only path to support pluralistic decision-making and diverse stakeholder values like watershed security, ecological intactness, and sustainable development. It also advocates for the establishment of an environmental trust modeled on the existing Columbia Basin Trust, and the development of an Indigenous Protected and Conserved Area in Canada's Flathead Valley that would create one of North America's most valuable conservation complexes, bordered by Waterton National Park to the east and Glacier National Park to the south.



Petryshen, W., Ciccantell, P.S., Langford, T. (2024). *The Elk Valley, Canada.* In: Hendryx, M. (eds) Sustainable Development and Rural Public Health. From Fossil Fuels to Greener Futures. Springer Nature. https://link.springer.com/book/10.1007/978-3-031-62509-1

The Lights on the Tipple Are Going Out: Fighting Economic Ruin in a Canadian Coalfield Community.

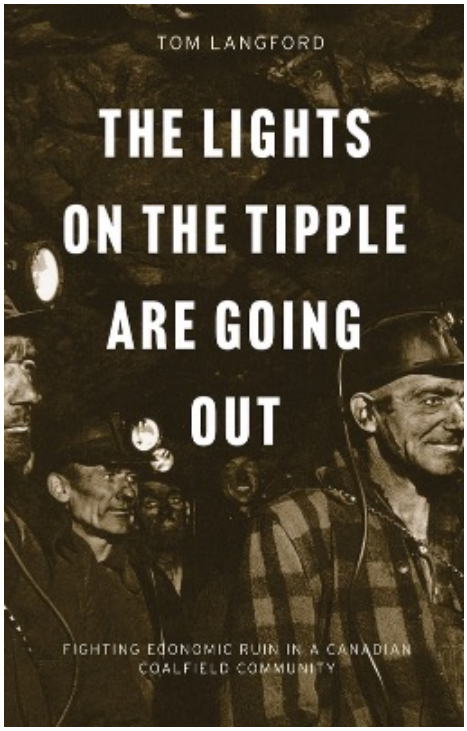
Tom LANGFORD

The Canadian postwar economic boom did not include one western coal-mining region. When the Canadian Pacific Railway switched to diesel-powered locomotives, over 2,000 coal-production jobs were lost in the Crowsnest Pass and Elk Valley. The Lights on the Tipple Are Going Out tells the story of its fight for survival.

Underground mine closures began in 1950, prompting various attempts by coal companies, labour unions, leftist political parties, municipal governments, and business groups to save the local economy. The largest community in the region, Fernie, BC, even made a half-baked application to host the Winter Olympic Games. Efforts to reindustrialize in the mid-1960s brought unregulated, pell-mell growth, unsafe working conditions, and extreme pollution. Starting in 1968, however, the tide turned again as new mountaintop strip mines were built to produce metallurgical coal for Asia-Pacific steelmakers.

Not only is this an interesting regional history, but the consideration of the role of labour unions, local communists, and grassroots environmentalists makes it especially compelling. Today, in the face of the climate crisis, green steel manufacturing is being developed that eliminates the use of CO2-emitting coal. In the coming decades, as this book argues, the Crowsnest Pass and Elk Valley will need to stress ecosystem restoration, sustainable economic activities, and the inclusion of First Nations at the centre of economic decision making in order to embrace a future beyond coal.

Scholars of Canadian labour history, Prairie studies, and BC studies – along with policy specialists, activists, Indigenous leaders and government officials involved in sustainable, anti-colonial regional development – will find this book highly relevant reading. More broadly, it has a place on the bookshelves of those with a general interest in deindustrialization and regional revival.



Langford, T. (2024). The Lights on the Tipple Are Going Out: Fighting Economic Ruin in a Canadian Coalfield Community. UBC Press. https://www.ubcpress.ca/the-lights-on-the-tipple-are-going-out

HONORS/AWARDS

Man-Chiu Poon, Professor Emeritus, Departments of Medicine, Pediatrics and Oncology, Cumming School of Medicine, has been elected to the Fellowship of the Canadian Academy of Health Sciences for 2024.

Dr. Poon is an internationally renowned academic hematologist active in the field of hemophilia and other inherited bleeding disorders, contributing significantly to hemophilia care standards nationally and internationally. His insightful clinical observations and understanding of the science changed the practice of hemophilia care locally and then nationally, sparing countless hemophilia patients from HIV/AIDS and Hepatitis C. His leadership, guidance and advocacy has facilitated modernization of and access to hemophilia care in many underserved countries. In China, between 1993 and the present, his mentorship has seen the number of hemophilia clinics explode from a single national clinic to 335 clinics countrywide.

RTOERO GRANT

Community Grant 2024 Retired Teachers Fund Environmental Education. Working with the K'ómoks Nation towards Q'waq'wala7owkw on their unceded territory. From the Newsletter of the Watershed Project. To launch a new field-based environmental program, the Comox Valley Project Watershed Society has received a $5,000 donation from the RTOERO national Fall Edition November 2024

The program, called *Stewardship in Place*, is being developed in response to requests from local educators. It aims to equip students with a comprehensive toolkit of skills, including observation, data collection, restoration practices and scientific methodologies.

District 47 funding is part of RTOERO's annual community grants program. Since 1968, RTOERO has been a voice for teachers, school and board administrators, educational support staff and college and university faculty in their retirement. Their mission is to improve the lives of members and seniors. RTOERO members also share a desire to give back. Each year, districts apply for grants to support community projects. For 2024, RTOERO funded 31 projects for a total of $122,252. This *Stewardship in Place* seed project, developed in collaboration with Caila Holbrook of Project Watershed and Dr. E. Lisbeth Donaldson of District 47 RTOERO, will involve collaborative development by community groups with common environmental goals.

Caila Holbrook, Project Watershed, Dr. Donaldson, Pat & Al Manuel, RTOERO members

"We share the objectives of the Project Watershed Society, to foster a strong sense of place and connection to the community, while promoting environmental stewardship and awareness among students," says Bill Huzar, President, District 47 Vancouver Island, RTOERO.

Dr. E. Lisbeth Donaldson
Professor Emerita

BENEFITS FOR RETIREES

Please remember that the University of Calgary Human Resources website (https://ucalgary.ca/hr) provides Pension & Retirement information to retirees on various benefits and privileges. The handbooks for each staff group can be found below:

- Academic Staff (https://uofc.sharepoint.com/sites/hr/Drupal 8/Benefits-Pension/Academic/info-for-retiring-aca.pdf?ga=1)
- Support Staff (https://uofc.sharepoint.com/sites/hr/Drupal 8/Benefits-Pension/Support/employee-retirement-information-booklet-support-staff.pdf?ga=1)
- MaPS (https://uofc.sharepoint.com/sites/hr/Drupal 8/Benefits-Pension/MaPS/info-for-retiring-maps.pdf?ga=1)

ANNUAL CHRISTMAS LUNCHEON • BLUE ROOM • December 11, 2024

Special Guest: Dr. Sandra Davidson, Provost & Vice-President (Academic)

(Persons identified from left to right) (Photos courtesy of Jocelyn Lockyer, Sue Chivers and Sheila Evans)

Adele Meyers, Sandra Davidson, Werner Becker

David Hogan, Diane Latter, John Latter

Robert Seiler, Tamara Seiler, Donald Smith

Dennis Salahub, Arvi Rauk, Johanna Voordouw

Sheila Evans, Elaine McKiel

Tasneem Fazel, Jocelyn Lockyer, Jane Brown

Robin Cox, Val Matwick, Maeve O'Beirne

Hélène Ter Keurs, Anne Belenkie

Gary Krivy, Werner Becker

UNIVERSITY OF CALGARY
Retirees Association

UCRA MEMBERSHIP

The UCRA Executive apologizes for the latest membership drive letter that was recently received by many current UCRA members. Unfortunately, the database used to identify non-member recipients was not accurate.

The annual membership year is September 1 to August 31. If you have any questions about your membership status, please send a message to retirees@ucalgary.ca

UNIVERSITY OF CALGARY
Retirees Association

Executive Committee 2024 / 2025

PRESIDENT	Werner J. Becker
PAST PRESIDENT & GRADUATE COLLEGE REP:	Sheila Evans
VICE-PRESIDENT / PRESIDENT-ELECT	Maeve O'Beirne
SECRETARY	Keith Dobson
TREASURER / MEMBERSHIP	Arvi Rauk
PROGRAM DIRECTOR	Jocelyn Lockyer
CURAC REP AND E-NEWSLETTER	Sandra Hirst
***LAR* EDITOR**	Linda Leonard
WEBMASTER	Om Malik *(Interim)*
KEEPING IN TOUCH / SOCIAL	Claire Mills
MEMBER AT LARGE	David B. Hogan
MEMBER-AT-LARGE	Elaine McKiel

If any members have additional ideas about how to enhance the role of our Association, please don't hesitate to contact us.

THE RETIREES ASSOCIATION OF THE UNIVERSITY OF CALGARY

Mailing Address: : Box 7, Craigie Hall D. 2500 University Drive NW, Calgary AB Canada T2N 1N4

Location of Office: Art Building 615, University of Calgary, 2500 University Drive NW, Calgary AB Canada T2N 1N4

WEBSITE https://www.ucalgary.ca/retirees-association **E-MAIL** retirees@ucalgary.ca

Newsletter compiled by Linda Leonard

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