All students are asked by the Students’ Union to make a tax-deductible donation to the Student Peer Assistance Bursary program. In each term, you are automatically charged a fee: $10.00 for each the fall and winter terms, and $7.00 for each the spring and summer terms. Your donation provides bursaries to other students with proven financial need.

The Health and Dental Plan is a service managed by the Student’s Union for UGRD students and the Graduate Student Association for GRD students. These fees are included in your general fees. Students with proof of alternative coverage can access the opt-out.

**NOTE:** In both cases, you must opt-out **before the term fee deadline**.

1. Log into your UofC Student Portal ([my.ucalgary.ca](http://my.ucalgary.ca))

![Central Authentication Service](image)

2. After logging into the MyUofC portal, you can opt-out through the **My Financials** page.
3. To opt-out of the Health & Dental Plan, click on the Health & Dental Opt-Out under Account Activity.

You will be redirected to the My Student Plan website where you can opt-out, enroll, or add family members to your plan.

4. To opt-out of the donation, click on the Student Donation Opt-Out under Account Activity.

End of Procedure. For further questions, please contact Enrolment Services.