

# COVID-19 Isolation Guidance for Employees and Students



September 28, 2020.

## **UCalgary has updated its COVID-19 isolation guidance:**

Employees and students who are sick must not come to campus and should complete the **Alberta Health Services (AHS) COVID-19 Self-Assessment for Albertans**, be tested for COVID-19, and follow the direction of AHS.

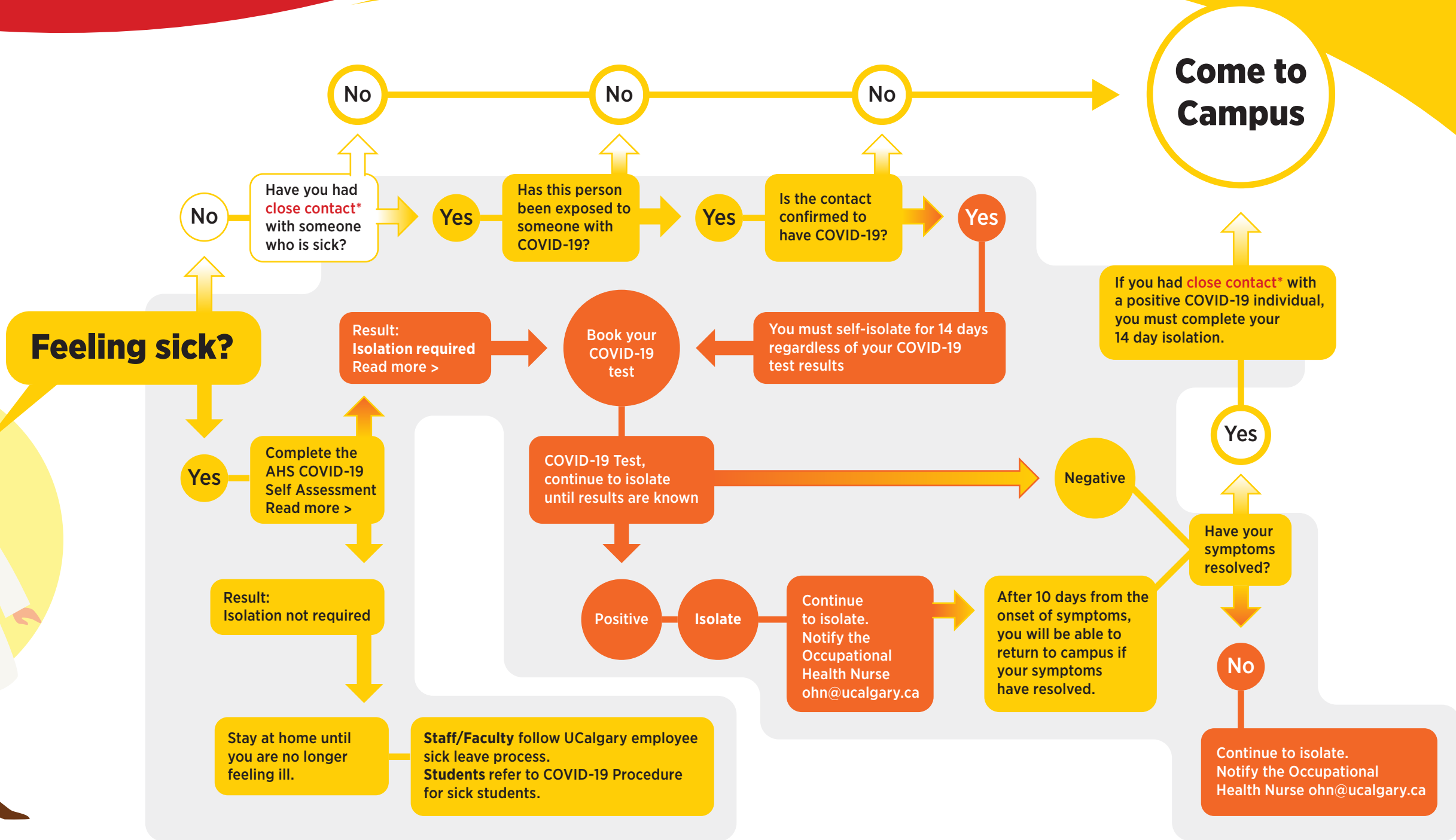
Employees and students who have close contacts who are sick or isolating may attend campus as long as the close contact is not confirmed to be positive for COVID-19 and the employee/student does not also have symptoms. If the close contact has not yet received their test results and the employee/student does not have any symptoms, they may attend campus.

Staff may request to stay home to care for someone who is ill or isolating. Please contact your Reports to Manager for time coding information.

If an employee is well enough to work but is excluded from attending campus as per the above noted guidelines, where appropriate and possible, they should discuss the option of a temporary remote working arrangement with their manager until such time they are well enough and/or cleared to return to campus. Please use the following guide to determine if you can be on campus.

If you have any questions about this guidance please contact the Occupational Health Nurse at [ohn@ucalgary.ca](mailto:ohn@ucalgary.ca)

# Should I come to campus?



**\*Close contacts include those who:**

- provide direct care or who had other similar close physical contact for the individual, including health care workers, family members or other caregivers, without consistent and appropriate use of personal protective equipment (PPE) OR
- lived with or otherwise had close prolonged contact (i.e. for more than 15 min and within 2 metres) with an individual without consistent and appropriate use of personal protective equipment (PPE) OR
- had direct contact with infectious body fluids of an individual (e.g. was coughed on or sneezed on) while not wearing recommended PPE.