



14th Annual Pain Society of Alberta Agenda at a Glance October 16-18, 2020

Coming Together. Learn. Share. Inspire

An interim guide for planning purposes (subject to change).
All sessions are MDT (Mountain Daylight Time)



Updated: October 10 2020

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Friday October 16, 2020

0730h Welcome

Louise Crane: Metis Elder of Cree Heritage - Opening Prayer

0810h Dr. Verna Yiu: Opening of the 14th Annual Pain Society of Alberta Conference

0820h Dr. Rob Tanguay: President's Welcome

0825h Movement Break

0830h Pediatric Pain in Alberta

Katie Caldwell: A Lived Experience with Pain

Dr. Katie Birnie: Improving Children's Pain Through National Partnerships with Lived Experience, Research, Care, and Policy.

Dr. Melanie Noel: Trauma and Pediatric Pain: An Intergenerational Problem

Dr. Samina Ali: No Pain? So Many Gains: How to Improve Children's Healthcare Experiences and Make Your Life Easier.

Dr. Nivez Rasic: Moderator for Group Question and Answer

1045h Movement and Wellness Break. Engage with our Exhibitors (Healthcare Providers only)

1100h Dr. Norman Doidge: The Brain's Way of Healing: New Neuroplastic Approaches to Pain, Part I**

1300h Lunch. Engage with our Exhibitors (Healthcare Providers only)

1345h Dr. Norman Doidge: The Brain's Way of Healing: New Neuroplastic Approaches to Pain, Part II**

1515h Movement and Wellness Break. Engage with our Exhibitors (Healthcare Providers only)

1545h Provincial, National and International Pain Updates

Dr. Rob Tanguay and Tracy Wasylak: Alberta Pain Strategy Update

Maria Hudspith: Pain BC - Mobilizing to Transform How Pain is Understood and Treated in Canada

Dr. Susan Tupper: SaskPain – Impacting Today and Building for Tomorrow

Dr. Fiona Campbell and Maria Hudspith: The Canadian Pain Task Force: Working to Better Understand and Address the Needs of Canadians Living with Chronic Pain

Dr. Michael Gold and Dr. Jessica Merlin: Forming the United States Association for the Study of Pain in Uncertain Times.

Carol Bennett: A Perfect Storm – Chronic Pain in the COVID Era

Dr. John Pereira: Moderator for Group Question and Answer

1800h Conclusion of Conference Day

*all times MDT

**Dr. Doidge's presentation will not be recorded. Registrants are prohibited from taping and/or reproducing this session.



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Saturday October 17, 2020

0800h Welcome and Conference Day Opening

In Remembrance of Dr. Ronald Melzack, A Trailblazer in Pain Science.

0830h What's New in Pain

Dr. John Pereira: The Anti-inflammatory Diet for People With Lived Experience

Dr. Hance Clarke: Managing Cannabis in the Perioperative Period

Dr. Tasha Stanton: Targeting Pain from Many Angles: A Foray into Language, Sensory Modulation, and Brain Trickery

Dr. Norm Buckley: Pain Research Networks in Canada- Experience with the Chronic Pain Network and the New Veterans 'Centre of Excellence.'

Dr. Rob Tanguay: Moderator for Group Question and Answer

1045h Movement and Wellness Break. Engage with our Exhibitors! (Healthcare providers only)

1130h Dr. David Dodick: Migraine Circa 2020: A Gold Rush for Treatments; A Heyday for Patients

1215h Dr. William Kingston: Head Scratchers: The Conundrum of Managing Migraine with Comorbidities - Sponsored Lunch for Healthcare Providers only

1315h Headache and Migraine

Dr. Werner J. Becker: Acute Medications for Treating the Migraine Attack: A Brief Overview of the Past, Present, and the Future.

Dr. Lara Cooke: When is a Headache NOT Just a Headache? A 'Tour' of Non-migraine Primary Headaches and Sinister Headaches.

Dr. Michael Knash: Migraine and Headache On More Days of the Month Than Not: Diagnosis and Management

Dr. Werner J. Becker: Moderator for Group Question and Answer

1500h Movement and Wellness Break. Engage with our Exhibitors! (Healthcare providers only)

1545h Culture and Communication

Lissanthea Taylor: Titrating Stories - Using Narrative Medicine in Psychologically Informed Pain Care.

Julia Condrea: Chronic Pain Management Through a Culturally-Informed Approach

Hayley York: Understand Me To Understand My Pain: Person with Lived Experience

Christelle Zacharki: Moderator for Group Question and Answer

1730h Conference Day Concludes



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Sunday October 18, 2020

- 0800h Welcome and Conference Day Opening
- 0815h Dr. Pamela Barton Memorial Lecturer: Dr. Michael Sullivan
Dr. Michael Sullivan: Can Thoughts Influence Sensitivity to Pain? Reflections on 25 Years of Research on Pain Catastrophizing
- 0900h Movement and Wellness Break. Engage with our Exhibitors! (Healthcare providers only)
- 0945h Building Resilience
Sheila Killoran: Music Therapy for Pain and Symptom Management in Palliative Care
Dr. Jaeun Macen: From the Inside Out: Spiritual Resilience and the Experience of Suffering
Tracy Fossum: Trauma from Chronic Pain Care: Person with Lived Experience
Dr. Rob Tanguay: Moderator for Group Question and Answer
- 1130h Pain Champion and Pain Excellence Award Ceremony
- 1150h Lunch and engage with our Exhibitors! (Healthcare providers only)
- 1230h Rehabilitation and Lifestyle

Dr. Tara Packham: Deconstructing Desensitization
Shelly Prosko: Yoga Therapy: A Contribution to Comprehensive Pain Care
Dr. Maitreyi Raman: An Approach to Chronic Pain Management Using Diet and Mind Body Interventions to Improve Gut-Brain-Microbiome Axis Inter-connectivity.
Dr. Rob Tanguay: Moderator for Group Question and Answer
- 1430h Movement and Wellness Break. Engage with our Exhibitors! (Healthcare providers only)
- 1515h Perspectives on Opioids

Dr. Launette Rieb: Opioid Use in the Time of COVID19
Dr. Stefan Kertesz: Protecting Pills Versus Protecting Patients: The Opioid Taper Dilemma
Guy Felicella: My Journey Into and Through Addiction: Person with Lived Experience
Claudine Adlington: Bridging the Gap, Patients versus Practitioners: Person with Lived Experience
Dr. Rob Tanguay: Presentation TBD and Moderator for Group Question and Answer
- 1730h Digital Passport Award
Louise Crane: Metis Elder of Cree Heritage - Closing Prayer
14th Annual Pain Society of Alberta Conference Concludes

