

My background includes academic and learning strategizing with several Canadian post-secondary institutions including University of Lethbridge, and Yorkville University. I have worked as a support worker for autistic adults and have years of experience working with adult learners with learning disabilities, executive dysfunction, and head trauma. My experience also includes working in educational roles such as a university instructor at the University of Saskatchewan, a teacher in several public-school boards, and an educational program developer for multiple non-profit organizations including a graduate student association. I am also an active mentor and volunteer at the University of Calgary - working with alumni and current students in several capacities.

I specialize in building academic strategies with post-secondary students with various learning needs. Depending on your personal goals, some academic strategies could include: **scheduling; time management; memory retrieval techniques; organization; goal setting; self-advocacy; study skills; creative information documentation; conflict resolution in an academic setting; strengths recognition; test/assignment stress & anxiety reframing and management; and many others depending on your learning needs.**

I am passionate about encouraging students to follow a path of learning that suits them - their interests and their learning readiness. It is my privilege as an academic strategist to design engaging and inclusive sessions that allow students to access, develop, and connect to strategies in multiple and creative ways.

Please see below for a list of my academic credentials and certifications and visit my website to view testimonials from previous students I've worked with - <https://adriennebretelladvising.com/testimonials> I look forward to meeting you!

Career Development and Academic Advising Certification | [University of Calgary](#)
Bachelor of Education | [University of Calgary](#)
Master of Arts | [University of Saskatchewan](#)
Bachelor of Arts (Double Honours) | [University of Saskatchewan](#)

Brain Story Certification | [Alberta Family Wellness Initiative](#)
Question, Persuade, Refer: Suicide Prevention | [U of C Volunteer Training](#)
Advising Undecided Students | [NACADA: The Global Community for Academic Advising](#)
Theory and Practice of Advising | [NACADA: The Global Community for Academic Advising](#)
Inside ADHD | [Foothills Academy Society](#)
Peer Support: Educator Mentorship Program | [Indspire: Indigenous Education](#)
Assessment in Education | [Calgary Board of Education](#)
Inside Learning Disabilities | [Foothills Academy Society](#)
Designing Worthwhile Work & Authentic Assessment in Inquiry | [Galileo Network](#)
Indigenous Ways of Knowing: Walking in our Footsteps | [The Alberta Teachers' Association](#)