## Post Assignment Self-assessment (Lab Reports & Assignments)

<table>
<thead>
<tr>
<th>Course:</th>
<th>Assignment:</th>
<th>Assignment Value:</th>
<th>Grade Predicted:</th>
<th>Grade Received:</th>
</tr>
</thead>
</table>

### Assessment of Planning

<table>
<thead>
<tr>
<th>Answer</th>
<th>Helpful</th>
<th>Neutral</th>
<th>Not helpful</th>
</tr>
</thead>
<tbody>
<tr>
<td>Read through the assignment/lab report requirements</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Marked the due date and scheduled time to complete the task</td>
<td></td>
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<tr>
<td>Left time to get feedback from TA/Lab Instructor</td>
<td></td>
<td></td>
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<tr>
<td>Attended class regularly</td>
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### Assessment of Execution

What activities did my preparation include? Consider course work, study, and personal wellness.

- [ ] Explored resources recommended by instructor/TA
- [ ] Accomplished tasks according to timeline almost always
- [ ] Worked in an environment conducive to focus and execution
- [ ] Referred to textbook and notes when stuck
- [ ] Completed similar practice problems
- [ ] Asked my professor questions about the assignment
- [ ] Applied suggestions received from others
- [ ] Double-checked the answer to make sure it made sense
- [ ] Proofread my own work before submitting
- [ ] Other: ____________________________

### Assessment of Outcome

Where did I lose marks?

- [ ] Incorrect formatting (i.e. missing title page)
- [ ] Did not assess my lab results adequately
- [ ] Errors in the presentation of the final answer (i.e. missing units)
- [ ] Missed part of the assignment
- [ ] Incomplete procedure or missing steps
- [ ] Did not provide a diagram (if required)
- [ ] Misread/misunderstood assignment
- [ ] Did not present a clear argument
- [ ] Did not complete all of the questions (i.e. stated too late)
- [ ] Messy handwriting
- [ ] Spelling and grammar errors (in the case of a lab report)
- [ ] Other: ____________________________
## Plan for Next Assignment

Three effective practices I will maintain for the next assignment:

1. 

2. 

3. 

One thing I will stop doing for the next assignment:

1. 

Three different things I will try to implement for the next assignment:

1. 

2. 

3. 