SU Wellness Centre Peer Helper
Position Description

Position Title: Wellness Centre - Peer Listener
Department: SU Wellness Centre & Campus Community Hub
Term: Fall 2019/Winter 2020
Number of Positions: 10-15
Hours: minimum 2 hrs/week
Length of Position: September 2019 – April 2020

This is a competitive student leadership volunteer opportunity open to all University of Calgary students.

POSITION DESCRIPTION
Peer Listeners provide supportive listening to students wanting to connect with other students, or who are seeking support for personal and/or academic concerns. Peer Listeners utilize empathy and active listening skills, and provide students with information about additional resources as needed. Peer Listeners work in pairs in a private setting near SU Wellness Centre in MacEwan Student Centre to allow for small group or one-to-one connection with students.

TASKS AND RESPONSIBILITIES:
- With a partner run Peer Listening Drop-in hours. Provide a welcoming and nonjudgmental space for students. Have supportive conversations with students seeking to connect or for support around personal and/or academic concerns.
- Provide information and resources to peers in need of further support.
- Promote the Peer Support Program, the Wellness Centre & CCH, and student wellness & well-being through peer-to-peer contact.
- Other duties as assigned

EMPLOYABILITY SKILLS:
As a result of volunteering in this role, students can expect to develop their employability skills in the following focus areas, as outlined by the Conference Board of Canada’s Employability Skills:
- **Communication Skills**: Meet other students and build connections; listen and ask questions to understand and appreciate the points of view of others. Attend trainings in active listening and helping skills.
- **Personal Management Skills**: Drive your personal growth; Develop responsibility through accountability for your actions, and being socially responsible and contributing to your community. Deal with people, problems, and situations with honesty, integrity, and personal ethics
- **Thinking and Problem Solving Skills**: Assess situations and work with students to identity problems. Be creative and innovative in exploring possible solutions
COMMITMENT:
- 2 hours minimum of weekly shifts
  Further opportunities for additional hours will also be available.
- 10 hours of trainings/meetings throughout the year
  Attend five Volunteer Skill Development Meetings-
  Meetings will be two hours long, dates TBD
- Attend the mandatory Peer Listener Trainings
  - QPR Suicide Intervention Training Thursday September 12th 5pm -7pm
  - Peer Listener Additional Training Thursday September 19th 5pm-7pm
- Participate in a mid-semester check in meeting with the Program Assistant/Volunteer Coordinator
- 1 hour of distributing marketing material around campus

PEER HELPER PROFESSIONAL DEVELOPMENT:
The Peer Helper Program is made up of over 300 students every year, who are involved in 19 different on-campus offices. Part of being a Peer Helper involves ongoing professional development. All Peer Helpers will complete the online Peer Helper training prior to the due date. Due date TBD.

QUALIFICATIONS:
- Excellent active listening & communication skills
- Demonstrated professionalism, maturity, and good judgement
- Interest in enhancing the student experience through providing opportunities for students to connect and promote well-being
- Ability to work collaboratively in a team environment as well as independently
- Comfortable with approaching and connecting with other students
- Knowledge about UCalgary Campus Resources is an asset, but not required

CONDUCT STATEMENT
This position requires students to be in good conduct standing for non-academic misconduct. Students who are not in good conduct standing have an active sanction of “Probation for Non-Academic Misconduct” that has been assigned through formal conduct proceedings per the Non-Academic Misconduct Policy. Students are informed in writing of the sanction by the Student Conduct Office. Note: Involvement in the Non-Academic Misconduct process does not automatically mean a student is not in good conduct standing; this applies only to those students who have been assigned the sanction of Probation for Non-Academic Misconduct. If you have been found responsible of a violation of the Non-Academic Misconduct Policy and you are unsure if you have received this sanction, please contact conduct@ucalgary.ca. Please note that in submitting your application, you are verifying that you are in good conduct standing and consent to this being verified by the Student Conduct Office. Note that details of non-academic misconduct cases are not shared through this process.

APPLICATION PROCESS
To apply, please submit an application online April 1, 2019. The application form can be found here: New Volunteer Application. If you have any questions, please direct them to communityhub@ucalgary.ca