Resources for Daily Life

International Student Services
Buying Food and Furniture

• Information about popular shopping areas, malls, and stores addresses are all listed on ISS Food and Shopping website!

Organic Foods and Farmer’s Markets
- Planet Organic
- Sunterra Market
- Community Natural Foods
https://www.ucalgary.ca/student-services/iss/resources/food-and-shopping
Getting a Library Card

Some programs include...
- ESL Programs (English Conversation Club)
- Practice Language Tests
- Career Planning Resources

Information on all programs and services offered by the Calgary Public Library can be found at https://calgarylibrary.ca/

To register for a library card, follow the link below:

https://calgarylibrary.ca/your-library/join/
Driving in Calgary

• In order to drive in Alberta, you must have an adequate license, car insurance, and a registered vehicle (either owned or rented)

• Generally, if you are registered as a full-time student and have a valid driver’s license from your home country, you are allowed to drive in Alberta

• The following documents must always be with you while driving:
  • Official Identification (your passport or Alberta Identification Card)
  • A valid driver’s license equivalent to a standard license in Alberta
    • Require a translation of your license if it is not in English, sometimes called an “International Driver’s Permit” (Should ACCOMPANY your license, not a replacement for it)
  • A copy of your valid Study Permit and an enrollment verification letter showing your current courses
Car Rentals or Buying a Car

- **Buying and Selling a Vehicle** (Government of Alberta)
- **Types of Vehicle History Reports** (Alberta Motor Association)
- **Types of Vehicle Inspection** (Alberta Motor Association)
- **Buying a Used Car** (Better Business Bureau)
- **Buying a New Car** (Better Business Bureau)
Winter Driving

- **Winter Driving Hazards**
- Wet/icy roads
- Black Ice
- Reduced Vision
- Increased stopping distance

- **Safe Winter Driving** (Red Cross)
- **Safer Winter Highways** (Government of Alberta)
- **Winter Driving Lesson** (Alberta Motor Association)
Can I work while studying in Canada?

• **Clauses:**
  • "May accept employment on the campus of the institution at which registered in full-time studies"
  • "May accept employment on or off-campus if meeting eligibility criteria as per R186(f), (v)or (w). Must cease working if no longer meeting those criteria"

• **Government of Canada Self-Assessment Tool**
Work Hours and Working Off-Campus

• **Full-time students:**

• **On Campus:**
  • No legal restriction on the number of hours you can work (may still be subject to union restrictions)
    • Just because you can work as many hours as you want on campus doesn’t mean you should; consider your studies too!

• **Off-Campus:**
  • Can work up to 20 hours per week off-campus
  • Can work full-time off-campus during regularly scheduled breaks between academic sessions

• If you wish to work full-time hours off-campus as an international student, you will need to apply for a [co-op work permit](https://ucalgary.ca/student-services/iss/immigration/working-canada-student) through your Faculty’s co-op program.

• For more information please visit: [https://ucalgary.ca/student-services/iss/immigration/working-canada-student](https://ucalgary.ca/student-services/iss/immigration/working-canada-student)
How should I find a job while in Canada?

- Employers may ask you for:
  - A resume
  - CV
  - Cover Letter

- Career and Job Search Resources (Career Services)
- Elevate Job Board

- If you lack Canadian work experience, you may want to consider finding volunteer experience to aid in your job search
Discounts and Deals for Students

• There are many discounts and deals available to University students
  • Services like Amazon Prime and Spotify offer discounted rates to students
  • Many businesses offer student discounts
  • UCalgary Students’ Union Clubs often have partnerships with local businesses and offer discounts to their members
Registering your Children for School or Daycare

• **University Child Care Centre Society**
  • https://www.ucalgary.ca/child-care/home
    • Offers Kindergarten and child-care for infants under 18-months

• **Alberta Childcare Lookup Tool**
  • http://www.humanservices.alberta.ca/oldfusion/ChildCareLookup.cfm
Travel Resources

• Find out if you need a Visa or an eTA
• Find out if you need a medical exam

Temporary Resident Visa (TRV)
Thank you!

If you have further questions, feel free to visit the International Student Services webpage at:

https://ucalgary.ca/student-services/iss