Preparing to start your career in Canada

Ariane Guan
Career Development Specialist, International Students
Career Services

Jaeun Lee, RCIC-IRB
Advisor, International Student Transition Support
International Student Services
Territorial Acknowledgement

We acknowledge the traditional territories of the people of the Treaty 7 region in Southern Alberta, which includes the Blackfoot Confederacy comprising the Siksika, Piikani, and Kainai First Nations, the Tsuut’ina First Nation, and the Stoney Nakoda including the Chiniki, Bearspaw, and Wesley First Nations. The City of Calgary is also home to Métis Nation of Alberta, Region III.

The University of Calgary is situated on land adjacent to where the Bow River meets the Elbow River, and the traditional Blackfoot name of this place is “Moh’kins’tsis”, which we now call the City of Calgary.
International Student Services

International Student Services (ISS) provides advice and programs to support all international students adjusting to studies at the University of Calgary and to life in Canada.

ucalgary.ca/student-services/iss

- Canadian Immigration Advising & Workshops
- Transitional Advising & Workshops
- Pre-arrival D2L Program
- New International Student Orientation
- International Student (GPS) Mentorship Program
- USpeak Global Program
- Global Friendship Events
- Social Events
CAREER SERVICES

ucalgary.ca/careers

One-on-one appointments/
Drop-ins with Career Development Specialists

Career Development Support

Job Search Support

Career Specialists: Undergrad, Masters, PhD and International

Employer Events

Information Sessions

Career Fairs

Conferences

To book appointments and register for workshops: careerlink.ucalgary.ca
Presenters

• Jaeun Lee, RCIC-IRB
  Advisor, International Student Transition Support, International Student Services
  • Advising to assist with getting settled in Calgary
  • Coordinate International Student (GPS) Mentorship Program
  • Coordinate Pre-arrival D2L Program for International Students
  • Coordinate New International Student Orientation
  • Email: Jaeun.lee1@ucalgary.ca or (even better): iss@ucalgary.ca

• Ariane Guan
  Career Development Specialist, International Students, Career Services
  Provides support on:
  • Career planning and exploration
  • Cover letter and resume review
  • Job search and networking
  • Canadian workplace culture
  • LinkedIn/online presence
  • Interview practice and preparation
  Email: ariane.guan@ucalgary.ca
  To book an appointment go to: elevate.ucalgary.ca
Settlement Tasks

- Review the [New International Student Checklist](#) and [Pre-arrival D2L Program for International Students](#) for important settlement tasks:
  - Canadian bank account
  - Canadian cell phone plan
  - Social Insurance Number (SIN)
Open up a Canadian Bank Account
Banking in Canada

Research any service charges, online banking options, transaction charges, and interest rates to find a bank that best meets your needs.

• Employers require a Canadian bank account
• Student accounts & discounts

Bring:

1. Your passport or birth certificate
2. A second piece of identification (e.g. study permit)
3. Any money that you'd like to deposit (optional)
4. Your UCalgary Student ID card (UNICARD)
5. Your address/phone number/contact details

• https://ucalgary.ca/student-services/iss/resources/banking
Consider getting a Canadian cell phone plan
Cell Phones

Consider services that are important to you:
- data plans,
- long-distance calls,
- roaming/international coverage,
- call/voice minutes,
- online billing and technical support,
- price, and
- compatibility with existing cell phone

Prospective employers need to be able to contact you
Ensure you have a clear, professional voicemail message

https://ucalgary.ca/student-services/iss/resources/choosing-cellphone-plan
Get a Social Insurance Number (SIN)
Social Insurance Number (SIN)

• Request once you are in Canada

• Required documents:
  • Passport
  • Study Permit
  • Proof of address

• Enrolment Verification Letter (full-time enrolled)
  • choose “Permit Letter”

• https://ucalgary.ca/student-services/iss/immigration/working-canada-student
  • https://ucalgary.ca/live-uc-ucalgary-site/sites/default/files/teams/69/Applying%20for%20a%20SIN%20Fall%202020.pdf

Understand your eligibility to work in Canada - how many hours a week can I work?
Working in Canada

• Details about regulations, eligibility, documents, and what’s considered on and off-campus:
  • https://ucalgary.ca/student-services/iss/immigration/working-canada-student

• If your question isn’t answered on the website, contact Regulated Canadian Immigration Advisors:
  • issimmigration@ucalgary.ca
Get your driver’s license ready
Driving in Alberta

- Valid equivalent licence from home country
- Full-time enrolment verification letter
- Valid study permit
- International Drivers Permit (translation)
- Photo Identification

- Trade in equivalent license for Alberta license
- Written and practical exam
- Depends on agreements and origin of license

https://ucalgary.ca/student-services/iss/resources/getting-around
Preparing to Start Your Career in Canada

Resources For International Students

Ariane Guan,
Career Development Specialist, International Students
Ariane Guan,
Career Development Specialist, International Students

Email: ariane.guan@ucalgary.ca
Office: MSC 188

Book one-on-one appointments: elevate.ucalgary.ca
In-person appointments available on every Monday

Website: www.ucalgary.ca/careers

Career Development Services:
✓ Resume/CV and Cover Letter Writing
✓ Interview Preparation
✓ LinkedIn and Digital Presence
✓ Job Search and Networking
✓ Career Planning and Exploration
✓ Canadian Workplace Culture
✓ Your Rights as an Employee in Canada
Where should I start if I want to find a job in Canada?
Possible Reasons:

- Develop certain skills
- Practice your English
- Meeting new local people
- Gain Canadian experience
- To become a permanent resident
- Learn about Canadian Culture
- To get a job in Academia/Research after graduating
- Money
Get your application documents ready
Application Documents

Documents needed to apply for a job:
• Cover Letter
• Resume or CV
• References

• Target your documents to specific jobs/industries
• Get them reviewed by a career specialist
• Check out the online resources

https://libguides.ucalgary.ca/guides/career-services/my-job-search
Application Tracking System (ATS)

ATS is the HR software that processes job applications. It is used by companies of all sizes to organize, search, and communicate with large groups of applicants. For every job: almost 70-80% of candidates are rejected by the ATS system based on their resume.
In some countries the following information is included in the Resume; but it should **not** be included in Canadian Resumes:

- Religion
- Date of Birth
- Passport Number
- Picture
- References
- Marital Status
- Gender
- Number of Children
- Citizenship
Related Resources

Upcoming workshop:

Working in Canada:
Work Permits, Resume, and Job Application Process

For Undergraduate Students: 10am -11am Sept 7, 2022

For Graduate Students: 1:30pm – 3:00pm, Sept 7, 2022

Register on Elevate.Ucalgary.ca
Identify opportunities
to gain experience
Canadian Experience

Most people associate the term “Canadian experience” with having work experience in Canada. But it could include volunteer, part-time, extracurricular, student clubs, competitions...
Options

- Volunteer
- Get a part-time job
- Participate in conferences
- Find an internships
- Get creative
- Join a student club/association/committee
Related Resources

Upcoming workshops:

Preparing For Job Fairs as an International Student
10:00am – 11:00am, Sept 15, 2022

Gaining Valuable Canadian Experience and Find a Job
10:00am – 11:00am, Sept 28, 2022

Register on Elevate.Ucalgary.ca on the Career Services Event Calendar
Develop an understanding of the Canadian Workplace Culture
Culture at Workplace

- Culture influences our behaviours and thoughts
- How to show respect to a superior?
- How to make a request /provide feedback: direct vs indirect
- When to take initiative
- How to resolve conflicts
- What to talk about in meetings
Related Resources

Upcoming workshop:

Expanding Your Network in Canada
10:00am - 11:00am, Oct 5, 2022

Canadian Workplace Culture and Professionalism
10:00am – 11:00am, Oct 27, 2022

Register on Elevate.Ucalgary.ca
Develop a job search career development goals
Your Career Development

PREPARE
- Resume/CV
- Cover Letter
- Interview
- Online Presence

EXPLORE
- Industries
- Occupations
- Training
- Organizations
- Informational Interviews

ACT
- Network
- Gain Experience
- Apply
- Attitude
- Traits
- Strengths/Skills
- Interests
- Values

REFLECT
- Interests
- Values
- Training
- Organizations
- Informational Interviews
- Attitude
- Traits
- Strengths/Skills

EXTERNAL FACTORS
- Industries
- Occupations
- Training
- Organizations
- Informational Interviews
- Attitude
- Traits
- Strengths/Skills

Plan and Connect
- Identify your values, interests, strengths, skills, and personality traits
- Complete informal and formal assessments
• Explore career options
• Browse online resources (uofcalgary.ca/careers)
• Attend employer events
Book an appointment with a Career Development Specialist:

- Resume/CV/cover letter review
- Mock Interview
- LinkedIn review
- and more...
Connecting with Career Services

- **Book appointments:** Elevate.ucalgary.ca → connect with Career Services, book an appointment → available appointments.

  Ariane Guan – Career Development Specialist
  International Students – ariane.guan@ucalgary.ca

- **Register for workshops and employer events:** Elevate.ucalgary.ca → connect with Career Services → career services event calendar

- **Website:** www.ucalgary.ca/careers
Connecting with International Student Services

• **Contact an Advisor:**
  - Non-Immigration: iss@ucalgary.ca
  - Immigration: issimmigration@ucalgary.ca

• **Register for webinars:**
  - ucalgary.ca/iss → Advising → ISS Webinars & Workshops

• **Register for social events:**
  - ucalgary.ca/iss → events calendar

• **Website:** www.ucalgary.ca/iss