Dear Student,

If you’re not sure whether you’re eligible to opt-out of the Students’ Union (SU) or Graduate Students’ Association (GSA) Health and Dental Insurance Plans, please visit their websites below to learn about your options and upcoming deadlines:

- **Students’ Union Health & Dental Plan**
  Have questions? Email uofcalgaryplan@mystudentplan.ca

- **Graduate Students’ Association Health & Dental Plan**
  Have questions? Email askgsa@ucalgary.ca

If you’ve moved to Calgary (or somewhere else in Alberta), please make sure you register for the Alberta Health Care Insurance Plan (AHCIP). It’s the free provincial health plan for Alberta residents. Learn more.

If you have any questions or need support, please feel free to email our team at iss@ucalgary.ca.

Stay well!

International Student Services

**Important dates and Information**

- **Sept. 15**: Last day to drop a class without financial penalty | end of refund period
- **Sept. 16**: Last day to add or swap a course
- **Sept. 23**: Tuition and fee payment deadline
- **Sept. 30**: National Day for Truth and Reconciliation (university closed)

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**Social Insurance Number (SIN) clinic by Service Canada**

The SIN clinic is run on a first-come, first-served basis. Note: this service is in high demand and not all attendees may be able to receive their SIN. Visit the ISS website for additional information and resources on how to apply for a SIN.

Service Canada will be on campus to process Social Insurance Number (SIN) applications for students who are eligible to work in Canada. Drop in with all the required documents for a 10-minute appointment with a Service Canada Officer. Get your SIN during the appointment. Learn more.

**Dates:** Sept. 16  
**Time:** 9 a.m.–3 p.m.  
**Location:** ISS office (MSC 275)

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**Permanent Residence information session (in-person)**

A Regulated Canadian Immigration Consultant (RCIC) will present basic information on permanent residence pathways that may be available to you.

Registration is mandatory. Sessions fill up very quickly. We suggest signing up early if you wish to attend, as this session has a maximum capacity of 30 students. Learn more and register to attend.

**Date:** Sept. 29  
**Time:** 10 a.m.–noon  
**Location:** International Student Services (MSC 275)

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**Orange Shirt Day**

September 30 is Orange Shirt Day in honour of National Day for Truth and Reconciliation in Canada. On this day, the University of Calgary recognizes and raises awareness about the residential school system in Canada, bringing people together in the spirit of reconciliation and honouring the experiences of Indigenous peoples.

Join UCalgary’s Office of Indigenous Engagement and Calgary Public Library on Orange Shirt Day for a day of learning in recognition of National Day for Truth and Reconciliation. Learn more.

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**Information and opportunities**

**Graduate College call for applications**

The Graduate College is excited to announce their annual call for applications for
Creating a plan for your semester
In this hands-on workshop, a member of the Academic Support team from the Student Success Centre will help you plan your semester at the big-picture and weekly levels. Register to attend.

Location: TFDL 364  
Date: Thursday, Sept. 15  
Time: 9–9:50 a.m. MDT

Mitigating procrastination
Join this session to learn what procrastination is and what causes it. You'll also gain some effective tools to help you mitigate procrastination. Register to attend.

Location: TFDL 355D  
Date: Thursday, Sept. 15.  
Time: 11–11:50 a.m. MDT

Preparing for job fairs as an international student
Learn what a career fair is and why it's important in