Dear Student,

Welcome new students this fall as an orientation leader!

Are you interested in connecting with new UCalgary students to help them meet each other, learn about services and feel at home on campus? Be a significant player in a new student’s journey; apply to become an orientation leader today!

Learn more »

Stay well!

International Student Services

Important dates and information

- **Feb. 14**: Winter conferral of degrees
- **Feb. 20–26**: Term break, no classes
- **Feb. 21**: Alberta Family Day

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**Update on travel requirements: India and Morocco**

Effective Jan. 28, 2022, the Canadian Government has removed the modified pre-departure test requirements for travellers from India and Morocco to Canada. All travellers entering Canada must meet the same pre-entry test requirement, regardless of their departure country.
Choosing healthy foods in Canada

Choosing healthy foods in Canada could be very different from choosing healthy foods in many parts of the world. This health session highlights important food and nutrition choices to help diverse communities make healthy food choices for their families. The session is presented by Sylvie Lebihan from Alberta Health Services.

**Date:** Tuesday, Feb. 8  
**Time:** 1 – 2:30 p.m. MST

Undergraduate awards, scholarships and funding opportunities

Are you looking for scholarships to help fund your undergraduate degree? In this workshop, you will learn how to find major institutional, national and international awards available to you and the basic components of the application process.

**Date:** Thursday, Feb. 3  
**Time:** 5 – 6 p.m. MST

Conflict management is a crucial skill for achieving success at school and work

Does conflict make you feel uncomfortable? The Conflict Management Digital Badge is a new workshop-based, professional development opportunity to strengthen your skills and confidence in this area. Sign up today!

Learn more »

Gaining valuable Canadian experience
Do you want to gain valuable Canadian experience and find a job? In this workshop, you will learn what valuable experience is and why it is essential. You will explore options for gaining that experience, learn how to make a decision and create a plan to achieve your personal goals.

**Date:** Wednesday, Feb. 9  
**Time:** 10 – 11:30 a.m. MST

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**Nomads: Coffee and conversations**

Call to all international graduate students; join Student Wellness Services for an opportunity to foster relationships and collaboratively brainstorm creative activities and fun events for this semester. Enhance your social engagement and build connections by signing up today!

**Date:** Wednesday, Feb. 9  
**Time:** 5 – 6 p.m. MST

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**Effective tax strategies: Taxes 101**

Be prepared for tax season! In this webinar, you will learn about fundamental tax law, keeping detailed records, education deductions and more. Register today!

**Date:** Wednesday, Feb. 9  
**Time:** 1 – 2:15 p.m. MST

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**Do you want more events?**

Check out our [ISS Events calendar](#) for a list of events and workshops for international students.

Are you interested in events hosted by other offices? Visit the following:

- Career Services  
- Faith and Spirituality Centre  
- Leadership and Student Engagement  
- Money Smart  
- Student Success Centre
ucalgary.ca/iss

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