



Daily Itinerary for 2021 Nepal Group Study Program

Academic Session: Spring 2021

Travel Dates: May 1st – 18th, 2021

ALL DATES SUBJECT TO CHANGE

Pre departure activities

Date	Activity	Comments
To be completed prior to departure on Saturday May 1, 2021	Foundations: Situating of Self in Local and Global Context (online work to be completed using Voice thread and on the D2L Discussion Board) Key Learning Topics: Locating Ourselves in the work of social justice: Opening thread connector and rivers personal journey exercise: Understanding power and positioning ourselves in solidarity	Calgary
To be completed prior to departure on Saturday May 1, 2021	Introduction to the Sustainable Development Goals (SDG) in the Canadian context (online work to be completed using the D2L Discussion Board) Key Learning Topics: Introduction to sustainable development; What are the SDGs? ; Exploring the Canadian Context	Calgary
Saturday March 24 9:30AM–12:30PM	Discuss Course Outline Introduction to Nepal Community Development Theory/Practice; Assign Groups	Calgary
Saturday March 24 1:30PM–4:30 PM	Cultural Briefing with UC International Key Learning	Calgary

If you depart Calgary and arrive in destination on the same calendar day, begin at Day 1

(Please remember to add or subtract rows to the table to match the number of days in your proposed itinerary)

In field activities

Day	Date	Location	Logistical comments and connection to academic content
0	May 1 May 2	Calgary Flight	Depart Calgary Flight Arrives to Kathmandu
1	May 3	Kathmandu	Logistic: travel to South Western State College (SWSC), travel to Monkey Temple and National Museum Academic: Safety briefing and orientation to Kathmandu City (instructors and local guide) Meet with educators and social work students Department of Social Work SWSC Guest speaker Nepal: Community Development. Group

			<p>presentations 5, 5-minute group presentations on community development in Canada.</p> <p>Ice breaker activity on Sustainable Development Goals (SDGs)</p> <p>Local guide lecture on religious significance of Monkey temple.</p> <p>Local guide National Museum through archeological and historical artworks portrays the past and present traditions of the people of Nepal.</p>
2	May 4	Lalitpur	<p>Logistic: travel to Patan, Lalitpur and Khokana and Bungmati</p> <p>Academic: history of Nepal, Newar community support systems—formal and informal; educational systems, water conservation systems, subsistence farming, local craft/artisans, commercial shopping centre</p> <p>lecture on Patan and Khokana and Bungmati</p>
3	May 5	Kathmandu and Kirtipur	<p>Logistic: travel to Kirtipur with tours of the area</p> <p>Academic: Lecture on Tribhuvan University and surrounding areas (Kirtipur)</p> <p>Community Practice in Nepal, different lifestyles Indigenous people SDG, women's association</p>
4	May 6	Lubhu and Thamel	<p>Logistic: Tour of village and local school in Lubhu</p> <p>Academic: Lecture and ethnographic study;</p> <p>Travel with SWC students;</p> <p>Tour on village economy/lifestyle, education</p>
5	May 7	Kathmandu	<p>Logistic: Government agency visits</p> <p>Academic: Lecture: government social and public policies</p> <p>Visits with the SWSC students;</p> <p>Understanding on social issues, social welfare and interventions</p>
6	May 8	Kathmandu	<p>Logistic: travel to Kathmandu Durbar Square and walk to Garden of Dreams for group dinners</p> <p>Academic: Reflections and group conversations</p> <p>understanding Nepalese culture and socio-economic aspects</p>
7	May 9	Kathmandu-Bhaktapur	<p>Logistic: Travel to Bhaktapur village tour and Dhulikhel</p> <p>Academic: Community of Practice, groupwork in Dhulikhel</p> <p>Understanding of local arts, and community economic activities</p>
8	May 10	Bhaktapur-Dhulikhel – Namabuddha	<p>Logistic: Travel to Kathmandu from Dhulikhel</p> <p>Dhulikhel village tour and depart for Bouddha</p> <p>Academic: Ethnographic study/Field visit</p> <p>3 hour hike which allows the students to submerge in the environment</p>
9	May 11	Bouddha	<p>Logistic: travel to Agency visits and Bouddha Nath Stupa tour</p> <p>Understanding different Agencies' work and challenges, Bouddha Nath temple with SWSC students</p>
10	May 12	Kathmandu	<p>Logistic: travel to Pashupati Nath</p> <p>Academic: Tour with local guide to Pashupati Nath, Groupwork with SWSC and lecture on Pashupati Nath, cultural immersion-dinner with nuns at local monastery</p>
11	May 13	Chitwan	<p>Logistic: Travel to rafting in Trishuli River</p> <p>Academic: sharing during rafting and group Dinner with local Cultural program</p>
12	May 14	Chitwan	<p>Logistic: Jungle Safari, Elephant Breeding Center, Village Tour</p> <p>Academic: lecture on Indigenous culture and tradition. Deeper understanding of the area through a local guide; Lecture on the impact of tourism in the area</p>

13	May 15	Chitwan-Kathmandu	Logistic : Travel back to Kathmandu Academic:
14	May 16	Kathmandu	Logistic: walk to final dinner and cultural celebration; travel to charities and foundations Academic: Informal sharing and reflections and lectures at charities and foundations on the topic of Community Development
15	May 17	Kathmandu	Logistic: Depart for Calgary or independent travel Academic: Group presentations
16	May 18	Calgary	Arrive in Calgary for those returning