Have access to a concussion expert, if you suffer a concussion
Free assessment of any injury during the study
Make an important contribution to understanding concussion in sport

What would you need to do?
- If you get injured, notify the study therapist and get an assessment
- Weekly 5 minute online questionnaire on sport participation & injury
- Annual baseline testing including performance measures, online surveys and other assessments

Please don't hesitate to contact us!
National Research Coordinator: Shane Esau
Email: SHRedConcussions@ucalgary.ca
Phone (work): 403-220-3113
Phone (cell): 403-461-4025

About SHRed:
SHRed Concussions is a large Canadian research study that was funded by the National Football league’s (NFL) Scientific Advisory Board to better understand how common concussions are in high school athletes.

We are looking at:
- how to prevent concussions from occurring
- how to detect and diagnose concussions
- how to manage concussions to get athletes back playing sport faster

This study has been approved by the University of Calgary Conjoint Health Research Ethics Board (REB18-2107)