Remove the respirator from its packaging and hold with straps facing upward. Place the bottom strap under the center flaps next to the "ATTENTION" statement.

Adjust for a comfortable fit by pulling the top panel toward the bridge of your nose and the bottom panel under your chin.

Make certain hair, facial hair, jewelry and clothing are not between your face and the respirator as they will interfere with fit.

Store or discard according to your facility's infection control policy.

Fully open the top and bottom panels, bending the nosepiece around your thumb at center of the foam. Straps should separate when panels are opened. Make certain the bottom panel is unfolded and completely opened.

Check the seal of your respirator each time you use the respirator.

Can be performed using one or both hands

Without touching the respirator facepiece, slowly lift the bottom strap from around your neck up over your head.

Place your fingertips from both hands at the top of the metal nosepiece. Using two hands, mold the nose area to the shape of your nose by pushing inward while moving your fingertips down both sides of the nosepiece.

Note: Always use two hands when molding the nosepiece. Pinching the nosepiece with one hand may result in improper fit and less effective respirator performance.

Store or discard according to your facility's infection control policy.

Respiratory Products
This respirator helps protect against certain particulate contaminants but does not eliminate exposure to or the risk of contracting any disease or infection. Misuse may result in sickness or death. For proper use, see supervisor or User Instructions, or call 3M Health Care Helpline at 1-800-228-3957. In Canada, call 3M Helpline at 1-800-563-2921.

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