

Employee Resources for Working Remotely		https://ucalgary.ca/working-and-learning-from-home
Working from Home Guidelines	https://ucalgary.ca/risk/departments/emergency-management/plans-procedures/preparing-work-remotely	
Ergonomics Resources	https://ucalgary.ca/risk/staff-wellness/occupational-health/ergonomic-program	
Linked In Learning Video	https://www.linkedin.com/learning/working-remotely-2/the-value-of-working-remotely	
IT SUPPORT		
Getting Started Guide	https://ucalgary.service-now.com/kb_view.do?sysparm_article=KB0030407	
Work from Home guide for Staff	https://ucalgary.service-now.com/kb_view.do?sysparm_article=KB0033035	
Work from Home – Remote Access Instructions to setup your access to University applications, file shares, and information.	https://ucalgary.ca/working-and-learning-home/remote-access-instructions	
IT Support – contact page	https://ucalgary.service-now.com/it?id=contact_and_help	
IT Security	https://it.ucalgary.ca/it-security	
Telephone/Voicemail	https://ucalgary.service-now.com/kb_view.do?sysparm_article=KB0033039	
Zoom Video Conference	http://elearn.ucalgary.ca/zoom https://ucalgary.service-now.com/kb_view.do?sysparm_article=KB0032585	
Microsoft Teams (Chat & Meetings)	https://ucalgary.service-now.com/kb_view.do?sysparm_article=KB0032868 https://ucalgary.service-now.com/kb_view.do?sysparm_article=KB0033078 https://ucalgary.ca/hr/sites/default/files/teams/168/Microsoft_Teams_Quickstart.pdf	
Office365	https://ucalgary.service-now.com/kb_view.do?sysparm_article=KB0033041	

For any Inquiries, please contact UService – IT and HR Help Desk at (403) 210.9300