



Minor in Adapted & Therapeutic Physical Activity

A collaboration between the Cumming School of Medicine and the Faculty of Kinesiology, this program provides students with the knowledge and skills to prepare for a career in assisting disabled people lead active lifestyles.

Students with a Bachelor of Kinesiology, course work from CRDS, and two years experience in the field can apply to be registered through the Canadian Association of Rehabilitation Professionals (CARP).



Courses in the Minor

Two half-course equivalents from the following introductory courses:

CORE 205: Intro to Disability Studies

CORE 207: Intro to Community Rehab Practice

CORE 209: Disability in Theory & Everyday Life

Two half course practica:

CORE 485 and 487 or 594 and 595

Three required courses

CORE 425: Social Construction Disability & Health

KNES 367, 369 or 495: Adapted Physical Activities

CORE 475: Comm Rehab Prac & Aging Process

Three required CORE courses

Two of 545, 547, or 551

Disability Across the Life Span

One of CORE 470 series (471, 473):

Community Rehabilitation Practice & Special Needs

Children (471) and Career Development (473)

The minor can lead to careers in areas such as:

Vocational Rehabilitation and Disability Management

Kinesiology background gives students the ability to understand ergonomics, biomechanics, assessment and how to adapt and facilitate movement and workplace routines.

Inclusive practices in Physical Education.

For pedagogy students wishing to enter the MT program.

Therapeutic Recreation

Within congregate care facilities for children, seniors. May specialize in adapted fitness and sport, recreation within Municipal programs, Options, Coaching.

For more information:

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