

Population Health Promotion

RESEARCH SERIES

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ALBERTA HEALTHY
LIVING NETWORK

Prevention of Childhood Obesity: Can school programs make a difference?

PRESENTED BY

Paul J. Veugelers, PhD

Canada Research Chair in Population Health and Associate Professor
in the School of Public Health at the University of Alberta

Increases in childhood overweight and obesity have become a major public health problem. While insufficient physical activity and poor nutrition are widely acknowledged as the primary mechanisms underlying this epidemic, public health research to date has failed to provide a sufficient evidence base upon which population health interventions can be developed and implemented. Dr. Paul Veugelers will elaborate on the public health burden associated with overweight and obesity, and focus on the potential of school-based programs in the prevention of overweight, obesity, and consequent chronic diseases.

Thursday, October 26, 2006, 12:00 - 1:00 PM

Room 3-58, Corbett Hall

8205 - 114 Street, Edmonton

No registration required for attendance in Edmonton.

Calgary Video Conferencing

Health Sciences Centre

Room G382

3330 Hospital Drive NW, Calgary

No registration required for
attendance in this location.

Available through TeleHealth

Please contact the TeleHealth Site Coordinator
in your area for availability/registration. To

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contact Darryl Jaskow, Regional Telehealth,

Royal Alexandra Hospital, djaskow@cha.ab.ca at

least **TWO days prior** to the session.

Hosted by the Markin Institute at the University of Calgary and the Centre for Health Promotion Studies in the School of Public Health at the University of Alberta in partnership with the Alberta Healthy Living Network. This seminar is available through TeleHealth with the generous support of the Public Health Agency of Canada and Capital Health.
