

# Health and Society Seminar Series



## Risk Factors for Injury in Youth Hockey

Dr. Carolyn Emery  
University of Calgary

Wednesday, December 3, 2008  
12:00 - 1:00 P.M.

Room G643  
Health Sciences Centre,  
3330 Hospital Drive NW, Calgary

The Sport Injury Prevention Research Centre (SIPRC) is an interdisciplinary group of researchers locally and nationally with a common focus on injury prevention in child and adolescent sport. This team has focused on epidemiologic studies examining risk factors for injury in youth sport as well as developing and evaluating new intervention strategies for injury prevention in youth sport. Research activities have targeted youth populations where the public health significance of injury is the greatest. As such, given the high participation and injury rates, youth hockey players have been the population of interest for several research studies since 2004. Carolyn Emery will report results from some of these studies including results from the first year of a three year hockey research program "The risk of injury associated with body checking in paediatric ice hockey players". Implications for future research in injury prevention in youth ice hockey will be discussed.

Carolyn Emery is an assistant professor in the Faculty of Kinesiology and Community Health Sciences, Faculty of Medicine, University of Calgary. She is an Alberta Heritage Foundation for Medical Research Population Health Investigator and a Canadian Institutes of Health Research New Investigator. Carolyn completed her PhD studies in Epidemiology from the Department of Public Health Sciences, Faculty of Medicine, University of Alberta (2004). Her MSc was also in Epidemiology from the University of Calgary (1998). She is a graduate of Queen's University, Faculty of Rehabilitation Sciences in 1988 (BScPT). Carolyn has 20 years of clinical experience including expertise in paediatric orthopaedics and sport medicine. Her research focuses primarily on injury prevention in sport, with a particular interest in the child and adolescent population. She has been involved in the development of the Sport Injury Prevention Research Group at the University of Calgary since 2003. Carolyn is the Canadian Associate Editor for the North American Journal of Sports Physical Therapy. Carolyn is currently the Canadian Physiotherapy Association Division Research Liaison and Chair of the National Physiotherapy Research Advisory Consortium.

This Seminar Series is hosted by the Population Health Intervention Research Centre ([www.ucalgary.ca/PHIRC](http://www.ucalgary.ca/PHIRC)). We'd like it to reflect a range of perspectives and interests. We welcome participation. Please contact Lindsay Bradshaw, at ph (403) 210 9316; or by email [bradshaw@ucalgary.ca](mailto:bradshaw@ucalgary.ca) if you have any ideas or suggestions.



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